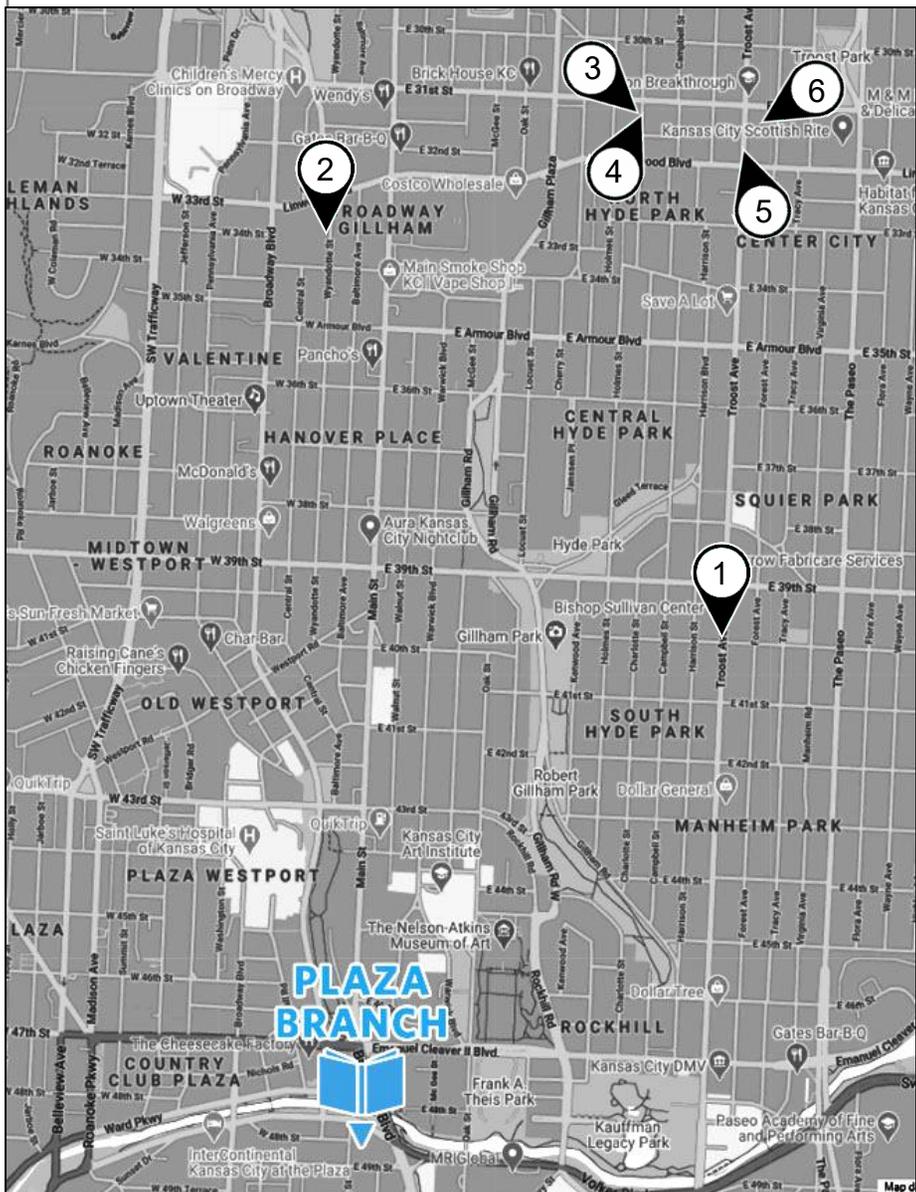


Highlighted Resources

- | | |
|--------------------------------------|------------------------------|
| 1. Bishop Sullivan Center | 5. Journey to New Life, Inc. |
| 2. Redemptorist Social Service | 6. Reconciliation Services |
| 3. Metropolitan Lutheran Ministries | |
| 4. True Light Family Resource Center | |



GENERAL RESOURCES: DIAL 211



**Kansas City
Public Library**
Community Resources

816.701.3767 • kclibrary.org/outreach
communityresources@kclibrary.org

WHERE TO TURN

Local Help & Resources Within 4 Miles



Plaza Branch

816.701.3400 • 4801 Main St, KC, MO 64112

Before You Visit an Agency:

- Call the organization directly to confirm services and operating hours.
- Ask if you need any documentation to be eligible for their services.

Updated Quarterly
Spring 2026

CLOTHING / FOOD / TOILETRIES

► Bishop Sullivan Center (2.3 miles)

816.561.8515 • 3936 Troost Ave
Mon-Thurs 9:00 am – 12:00 pm, Friday 11
am – 2 pm

► Catholic Charities Welcome Center (4.8 miles) 816.221.4377

• 8001 Longview Road; KC, MO 64134
Basic Needs Assistance (*food, diapers,
hygiene*): Mon-Thurs 9:00am-3:30pm, closed
12-1pm for lunch.

► Community Christian Church

(2 miles) 816.561.6531 • 4601 Main St
Tues & Thurs 9:00 am – 12:00 pm
*2nd and 3rd week of month, requires picture
ID. Schedule appointment by phone or
online. Closed when KCMO schools close.*

► Harvesters Food Locator

Visit www.harvesters.org/get-food-assistance
to find a Harvesters agency partner in your
area

► Jewish Family Services (2 miles)

913.327.8250 • 425 E 63rd St
*Call: ask for the Navigator or leave a
message with the answering service.
Email: navigator@jfskc.org
(weekdays by appointment)
Food & toiletries*

► Journey to New Life (3 miles)

816.960.4808 • 3120 Troost Ave
Monday- Thursday 10am -4pm
*Assistance with basic needs for reentry from
incarceration*

► Metropolitan Lutheran Ministry

(2.8 miles) 816.931.0027 • 3031 Holmes
Mon-Fri 8:30 am – 11:00 am
Food pantry & diapers

► Redemptorist Social Services Center

(2 miles) 816.931.9942
• 207 W Linwood Blvd
Mon-Thurs 10:00 am – 1:00 pm
Food pantry

► St. Paul's Episcopal Church

(1.4 miles) 816.931.2850 • 40th & Main
(south side of church), Tuesdays
*appointment only(call), Wed. 5:30-7:30pm,
Saturdays 9-11am except 3rd Sat. 10am-
12pm, Food pantry & personal care items
Food pantry & personal care items*

► The Salvation Army –Prospect Corps Community Center (3.2 miles)

816.753.6040 • 6025 Prospect Ave.
Tues & Thurs 1:30 pm – 2:30 pm
Wed 10:00 am – 11:00 am

EMPLOYMENT

► Journey to New Life (3 miles)

816.960.4808 • 3120 Troost Ave
Reentry from incarceration, call for appt
► **KC Public Library - Career Resources
+ Financial Literacy Specialist**
Wed 9:30am-12:30pm at Plaza Branch
Or call 816.701.3663 for an appointment

► **Second Chance Justice-Involved** (2.4
miles)
816.231.0450 • 3100 Broadway, #302
(call for appointment)

► Women's Employment Network

(1.3 miles) 816.822.8083 • 4328 Madison
Mon-Fri 9am-4pm
*Call for appointment or email from website
<https://kcwen.org/home>*

FREE MEALS

► One City Café (2 miles)

816.561.8515 • 3936 Troost Ave
Mon-Fri 12:00 pm – 1:00 pm *Lunch*
Mon-Fri 4:30 pm – 6:00 pm *Dinner*

► **Redemptorist Social Services Center**
(2 miles) 816.931.9942 • 207 W Linwood
Blvd

Mon-Fri 10:00 am – 1:00 pm *Lunch*

► True Light Family Resource Center

(1 mile) 816.381.9310 • 712 E 31st St
Sat 8:00 am – 10:00 am *Breakfast*

► Washington Square Park (3.4 miles)

• 100 E Pershing Rd (*provided by Kansas City
Heroes*) Tues 6:30 pm – 8:00 pm
Dinner, supplies

HEALTH & SUBSTANCE USE

► **AccessKC (formerly KC Medicine
Cabinet)** • 816.399.9651 *Vouchers for
prescriptions, dental, diabetic supplies, eye
exams, eyeglasses, hearing aids, & medical
equipment*

► Charlie's House (3.7 miles)

816.591.1766 • 2425 Campbell
Mon-Fri 9:00am – 5:00pm
Free childproofing & home safety devices

► **Chestnut Avenue Family Resource
Center** (3.4 miles) 816.701.6534

• 3811 Chestnut Ave.

*Assists residents living in the Oak Park
Neighborhood with locating/applying for
community-based resources*

► Dismas House of Kansas City

816.542.0445 Mon-Thurs 8:30 am – 7:00 pm
Fri 8:30 am – 5pm, Sat 9am – 2pm
Recovery services (virtual services only)

► The LIGHT House Inc.

816.916.4434 • 400 West Meyer Boulevard
Daily AA meetings Mon-Fri 2:00 pm
Recovery/outpatient therapy
► **Heartland Center for Behavioral
Change** 816.421.6670

Outpatient substance use treatment

► KC Care Health Center (2 miles)

816.753.5144 • 3515 Broadway
Mon –Fri 9:00am-4:30pm
*Free HIV, Hep C, Syphilis walk in testing.
More free testing available by appointment*

► KC Indian Center (1.5 miles)

816.421.7608 • 600 W 39th St Outpatient
substance use treatment and counseling for
Native Americans COVID/flu Vaccinations
(please call for an apt.) Food Pantry/USDA
TEFAP

► Reconciliation Services (3 miles)

816.931.4751 • 3101 Troost Ave.
Mon 9:30 am – 5:00 pm
Tues-Thurs 9:00 am – 5:00 pm
Fri 9:00 am – 4:00 pm
*AccessKC, mental health services, therapy
& case management
(call for appointment)*

► Rediscover (2 miles)

816.966.0900 • 3728 Gillham Rd
Mon-Fri 8:00 am – 5:00 pm

► The Whole Person (1.5 miles)

816.561.0304 • 3710 Main St.
Mon-Fri 8:00 am – 5:00 pm
*Wide range of services for people with
disabilities*

ID & VITAL RECORDS

► Metropolitan Lutheran Ministry (3 miles)

816.931.0027 • 3031 Holmes
Mon-Fri (call for appointment)
Birth Certificates

► Reconciliation Services (3 miles)

816.931.4751 • 3101 Troost Ave.
Mon 10:00 am – 5:00 pm
Tues-Fri 9:00 am – 5:00 pm
(call for appointment)

TRANSITIONAL & PERMANENT HOUSING

► Journey to New Life (3 miles)

Monday – Thursday, 10:00 am – 4:00 pm
(reentry from incarceration) 816.960.4808
• 3120 Troost Ave (call for appointment)

► Rose Brooks Center

816-861-6100 24/7 Hotline
Domestic violence shelter & services

► The LIGHT House Inc.

816.916.4434 • 400 West Meyer Boulevard
*24/7 Hotline. Residential shelter for
pregnant women*

► Transitions for Life (1.5 miles)

816.410.9252 • 800 Westport Rd, Suite 1
Mon-Fri 9:00 am – 5:00 pm
*Temporary housing for children and adults; ages
16 and up. Apply at www.transitions4life.net*

► True Light Family Resource Center

(2.7 miles) 816.531.1300 • 717 E 31st St
Mon-Fri 8:30 am – 3:00 pm
Day shelter for women

UTILITY & RENT ASSISTANCE

► Bishop Sullivan Center (2.3 miles)

816-561-8515 • 3936 Troost Ave
Mon-Thurs 9:00 am – 4:30 pm
Apply at www.bishopsullivan.org

► Catholic Charities Welcome Center

(4.8 miles) 816.221.4377
8001 Longview Road; KC, MO 64134
Client Hours: Mon-Thurs 9:00am-3:30pm, closed
12-1pm for lunch. *Rent/utility assistance calls are
taken on Mondays @ 8:30am. First come, first
served.*

► **KC Indian Center** (1.5 miles) 816.421.7608 •
600 W 39th St. Assistance for low-income Native
Americans, Assistance for low-income Missouri
residents (please call for an apt.)

► Metropolitan Lutheran Ministry (2.8 miles)

816.931.0027 • 3031 Holmes
Mon-Fri (call for appointment)
Rent, utilities, & home repair assistance

► Reconciliation Services (3 miles)

816.931.4751 • 3101 Troost Ave.
Mon 10:00 am – 5:00 pm
Tues-Fri 9:00 am – 5:00 pm
Utility assistance (call for appointment)

► Redemptorist Social Services Center

(2 miles) 816.931.9942 • 207 W Linwood Blvd
Mon-Fri 8:00 am – 4:00 pm
*Financial assistance-rent/mortgage & utilities
(call for appointment)*

YOUTH/FAMILY

► Children's Center Hotline • 816.321.7060

► Street Outreach • 816.505.4901

ages 22 or under

► The LIGHT House Inc.

• 816.916.4434 24/7 Hotline, Various services

► **Uzazi Village** • 816.541.3718 • 4232
Troost Ave. Food pantry every Wed & Fri 9am-
5pm, Women's Clinic (by apt. Only) every 2nd &
4th Friday, STI testing, Pap smears, well-woman
exams, prenatal & postnatal care