

## SHOWERS & LAUNDRY

► **Cherith Brook** • 3226 E 12th St

Showers, Tues + Thurs 7am-10:30am

► **Swope Health Services**

• 3801 Dr. Martin Luther King, Jr. Blvd.

Mon 8:00am-12:00pm, Fri. 8:00 am – 2:00pm (1 load per week, showers first come, first served)

► **TLFRC Emancipation Station** • 717 E. 31st St.

Mon-Fri 8:30am-2:30pm (lunch at 12pm, women only)

Tues-Thurs. Laundry (not same day service)

► **Westport Presbyterian Church** • 201 Westport Rd

Sun 7:30am-9:30am

Thurs 5:30pm-7pm (Women, Trans, Gender Non-

Conforming people only)

## VETERANS

► **Catholic Charities, SSVF** • 816.659.8263

8001 Longview Road; Kansas City, MO 64134

► **Kansas City VA Medical Center** • 816.861.4700

4801 E Linwood

► **Veterans Community Project - Outreach Center**

• 816.599.6503 8825 Troost Ave.

Mon | Tues | Wed | Thurs 9:00am-4:00pm

Fri 9:00am-1:00pm

**Fourth Wednesday Commissary** 9:00am-3:00pm

Food, clothing, and more, free of charge

**YOUTH/FAMILY** (Check Facebook for updates)

► **The HALO Foundation** • 816.590.4493

• ages 4-24

Art & educational programs, food, dignity items etc., transitional living program youth ages 16-21

► **Lutheran Family and Children's Services of Missouri**

• 866.326.5327 • 1 E Armour Blvd., Ste 102

Free counseling ages 3-19 for Jackson County residents, parenting & pregnancy services, adoptive & birth parent services. [Help@lfcsmo.org](mailto:Help@lfcsmo.org), [www.lfcsmo.org](http://www.lfcsmo.org)

► **Mother's Refuge** • 816.353.8070

• shelter for pregnant or parenting moms ages 12-21 (children 0-2), Transitional Living Program for single moms 18+

► **reStart Youth Emergency Shelter** • 816.309.9048

• ages 12-17

► **Street Outreach** • 816.505.4901 • ages 22 or under

► **Synergy House** • 816.741.8700 • ages 12-18

Teens & Tots Clinic, Dental clinic, vision care, therapy

► **The LIGHT House Inc.** • 816.916.4434 24/7 Hotline

(various services, teen tele-support groups)

► **Youth Resiliency Center** • 816.505.4840

2001 NE Parvin, NKC • ages 12-20

Mon-Fri 2:30pm-6:30pm

Drop-in Services 11:00am-2:30pm

Laundry, showers, pantry services, art studio, daily classes and case management, food pantry, art studio

## LOCAL WRAPAROUND SERVICE CAMPUSES

► **BISHOP SULLIVAN CENTER** (AccessKC site)

Call either location to inquire about funds for rent, utilities, or a variety of other one-time needs. Employment services available.

• 816.231.0984 6435 Truman Rd

Mon-Thurs 9:00am-4:00pm (call for appointment)

Food Pantry Mon-Thurs. 1:00-4:00pm

• 816.561.8515 3936 Troost Ave

Mon-Thurs 9:00am-4:30pm (call for appointment)

Food Pantry Mon-Thurs. 9:00am-12:00pm

► **THE BEEHIVE**

750 The Paseo

Housing assistance Tuesday 11:00am- 3pm. Related support services Tues-Thurs 11:00am-3:30pm walk-in and appointments available.

**Care Beyond the Boulevard** medical services and patient case management on Tuesday-Thursday 11:00 am– 3:30 pm. Dental exams and emergency extractions only on Wednesday 11:00am-3:30pm. Behavioral health Thursday 11:00am-3:30pm. Walk-ins and appointments available.

► **HOPE FAITH HOMELESS ASSISTANCE CAMPUS**

705 Virginia Avenue • 816.471.4673

Hours: Mon | Tues | Wed | Fri 6:30am-2:00pm

Thurs 6:30am-1:00pm

Meals: Breakfast Mon-Fri 8:30am-10:00am

Lunch Mon – Fri 11:00am-12:30pm

Guest Services: Mon, Tues, Wed, Fri 7:00am-2:00pm &

Thurs 7:00am-1:00pm closes daily from 10:00am-11:00am

Clothing Shop: emergency approval only

Hope Cuts: Mon-Wed. 9am – 2:00pm, Thurs 9am-1:00pm

Laundry Services: Mon-Fri 9:00am-12pm first come first serve.

Pickup/drop off at Guest Navigation Booth, limited availability.

Mail Pick-Up: Must sign up first, pick-up times M-Fri. 7-10am, 11am-1:45pm

Showers: during guest services hours

Swope Health Services provides transportation from Hope Faith to their 3801 Dr. Martin Luther King, Jr. Blvd.

location: Mon and Wed from 7:20am-7:30am

Swope Mobile Medical Unit stop at Hope Faith

every other Thurs from 9:00am-12:00pm

## PETS

► **Pet Resource Center of Kansas City** • 816.353.0940

• 1116 E 59th St + Mobile Outreach and Transportation Team

Spay/neuter, urgent, preventative, and dental care, pet food pantry

The Street Sheet is always available online,

scan this QR code:



\*A variety of other local resources can be found at: [liftupkc.org](http://liftupkc.org)



Kansas City  
Public Library  
Community Resources

816.701.3767 <https://kclibrary.org/outreach>  
communityresources@kclibrary.org

# Street Sheet Spring 2026 Updated Quarterly

## COMMUNITY RESOURCES @ CENTRAL LIBRARY

Community Resources staff is available by phone or in-person at Central Library, 14 W. 10th St., Third Floor.  
Mon - Fri 9:00am - 1:00pm

## Coffee & Conversation @ Central Library

14 W. 10th St., Third Floor

Fourth Wednesday of each month

10:30am-11:30am

Coffee & Conversation invites people experiencing life-challenges to have a cup of coffee, snacks, direct access to resources and personal care items.

## Housing Authority of KC

3822 Summit St.

816.968.4100

## HOTLINES

Alcoholics Anonymous

Children's Center Hotline

Domestic Violence

First Call (Substance Abuse)

Harvesters/SNAP

Hotline for the Homeless

Mental Health Crisis Line

National Runaway Safeline

National Human Trafficking

Rape/Sexual Abuse

Safe Place (Ages 12-18)

Suicide and Crisis Lifeline

Transgender Helpline

United Way

800.839.1686

816.321.7060

816.HOTLINE  
(816.468.5463)

816.361.5900

816.929.3300

816.474.4599

888.279.8188

1.800.786.2929

1.888.373.7888

816.531.0233

913.642.0233

Text 4HELP

988

877.565.8860

211

## FOOD/MEALS

- **Bishop Sullivan/One City Cafe** 3936 Troost Ave  
Lunch Mon-Thurs 12:00pm-1:00pm, Friday 11am- 2pm
- **Family Promise of the Northland** 10th & Baltimore  
Lunch every Thursday 11:00am-11:30am
- **Independence Boulevard Christian Church**  
(provided by Micah Ministries) 606 Gladstone Ave.  
Dinner/toiletries/clothes Mon 5:30pm-7:00pm
- **NourishKC's KC Community Kitchen** 750 The Paseo Blvd  
Lunch Mon-Fri. 11:00am-2:00pm
- **Metropolitan Lutheran Ministry** 3031 Holmes  
Food pantry & sack lunches Mon-Fri 8:30am-10:30am
- **Morning Glory Ministries** 20 W 9th St.  
Breakfast Mon-Fri 7:00am-8:00am
- **Neighbor2Neighbor** 2910 Victor St.  
Open Mon-Fri 9am-12pm, *Hygiene items* Wed. 10-11am,  
Breakfast 9-10:15 am, Lunch 10:30-11:45am, sack lunch 9 am-  
12pm, *Drug treatment and recovery housing referrals* 9 am – 12  
pm, *clothing closet* Wed. and Fri. 10 – 11am.
- **Redemptorist Center** 207 Linwood Blvd  
Food pantry Mon-Thurs 10:00am-1:00pm  
Lunch Mon-Fri 10:00am-1:00pm
- **The Salvation Army** 3013 E 9th St  
Lunch Mon-Thurs 11:30am-12:30pm
- **Trinity United Methodist Church** 620 E. Armour Blvd  
Lunch with food pantry, toiletry & laundry voucher  
pantry Mon 12:00pm-1:00pm Lunch only Sat 11:30am-  
12:30pm
- **True Light Family Resource Center** 717 E 31st St  
Community Breakfast (open to all) Saturdays 7:30-9 am
- **TLFRC Emancipation Station** 717 E. 31st St.  
Breakfast Mon-Fri. 8:30-10:00 am, Lunch 12pm (limited)
- **Unity Southeast** 3421 E Meyer Blvd  
Breakfast Sunday 9:30-10:30am  
Food Pantry Sunday 10-11am  
Dinner Wednesday 5:30-7pm
- **Washington Square Park** 100 E Pershing Rd  
(provided by *Kansas City Heroes*) Dinner, Tues 6:30pm-8:00pm
- **Westport Presbyterian Church** 201 Westport Rd  
Breakfast Sun. 8-9:30 am  
Resource Drop-In Center Fri. 11 am – 3 pm (sack lunches  
provided while supplies last)

## HEALTH

- **Care Beyond the Boulevard @ Independence  
Boulevard Christian Church** • 606 Gladstone Blvd.  
Mon 4pm-7pm and Sat 9am-12pm, 2nd Sat 10am-12pm Mobile  
food pantry  
**@ Cherith Brook Catholic Worker** • 3226 E 12th St.  
2nd and 4th Tues: 8:30-10:30am
- **Heartland Center for Behavioral Change** • **816.421.6670**
- **KC CARE Health Center** • **816.753.5144**  
3515 Broadway & 2340 E Meyer Blvd, Dental & Primary care,  
*Confidential, sex positive, judgement free clinic- Free HIV, Hep  
C, Syphilis testing. Walk-In Testing:* Mon-Fri 9:00am-4:30pm  
[www.kcprevention.org](http://www.kcprevention.org)

## ► **KC Health Department** • **816.513.6008**

- 2400 Troost Ave
- **La Clinica** • **816.581.5671** 148 N Topping Ave.  
*Fridays 9am-4:30pm apt. only, no insurance needed, \$35  
copy*
- **AccessKC** (Formerly KC Medicine Cabinet) • **816.399.9651**  
*Vouchers for prescriptions, dental, diabetic supplies, eye  
exams, eyeglasses, hearing aids, & medical equipment*
- **ReDiscover** • **816.966.0900** *In-person or telehealth*
- **Research Psychiatric Center** • **816.444.8161**  
2323 E 63rd St.
- **Samuel U. Rogers Health Center** • **816.474.4920**  
825 Euclid Ave *Medical, dental, & behavioral health*
- **Swope Health Services** • **816.599.5480**  
3801 Dr. Martin Luther King, Jr. Blvd.  
*Free medical, dental, behavioral health, optometry, pediatrics,  
OB/GYN services, medication assistance, Medicaid applications,  
Covid & STI testing*  
Mon-Fri 8:30am-12:00pm & 1:00pm-4:00pm
- **University Health/Behavioral Services** • **816.404.5700**  
300 W 19th Terrace Mon-Fri 8:00am-2:00pm
- **Vivent Health** • **816.561.8784** 4309 E 50th Terr., Ste 200  
*HIV & AIDS services; free HIV/STI testing*
- GENERAL HELP**
- **Catholic Charities Welcome Center** • **816.221.4377**  
8001 Longview Road; Kansas City, MO 64134  
Client Hours & Basic Needs Assistance (*food, diapers,  
hygiene*): Mon-Thurs 9:00am-3:30pm, closed 12-1pm for  
lunch. *Rent/utility assistance calls are taken on Mondays @  
8:30am. First come, first served.*
- **Central Presbyterian Church** • **816.931.2515 ext. 2**  
3501 Campbell St. *Clothing, food pantry, toiletries*  
Wed 9:00 am – 11:00 am
- **Community LINC** • **816.531. 3727**  
4012 Troost Ave., Street homeless Outreach navigators;  
Transitional Housing for Families
- **Journey to New Life** (*reentry from incarceration*)  
• **816.960.4808** 3120 Troost Ave.  
Monday - Thursday 10:00 am – 4:00 pm  
*Assistance with basic needs & employment*
- **Legal Aid of Western Missouri** • **816.474.6750**  
4001 Dr. Martin Luther King, Jr. Blvd, Ste. 300  
*Call or schedule an appointment online at [lawmo.org](http://lawmo.org)*
- **Metropolitan Lutheran Ministry** • **816.931.0027**  
3031 Holmes (*call for appointment*)  
*Rent, utilities, birth certificates, food & diapers*
- **Morning Glory Ministries** • **816.842.0416**  
416 W. 12th St., Tues-Fri 9am-11am *IDs/Records (with a  
homeless/shelter letter)*  
*Clothing & toiletries (every 2 wks.)*
- **Reconciliation Services** • **816.931.4751**  
3101 Troost Ave (*call for appointment*)  
Mon-10:00am-5:00pm & Tues-Fri 9:00am-5:00pm  
*Health/medication, utilities, ID/birth certificates,  
mental health services, therapy & case management*

## ► **Redemptorist Social Services** • **816.931.9942**

- 207 Linwood Blvd Mon-Fri 8:00am-4:00pm (*office hours*)  
Mon-Thurs 10:00am-1:00pm (*walk-in client hours*)  
*Food, toiletries & financial assistance*
- **ReHope** • **816.793.0500, 816.865.1808**  
*Residential program for women recovering from commercial  
sexual exploitation/trafficking.*
- **SAVE, Inc.** • 816.531.8340, ext. 200  
Housing assistance for individuals with HIV/AIDS, substance  
abuse, and mental health illnesses
- **Second Chance** • **816.231.0450**  
412 W 8th St.  
(*justice-involved, call for appointment*)
- **St. Paul's Episcopal Church** • **816.931.2850**  
40th & Main (*south side of church*), *Tuesdays appointment only  
(call)*, Wed. 5:30-7:30pm, *Saturdays 9-11am except 3rd Sat. 10am-  
12pm, Food pantry & personal care items*
- **Street Support KC** • 10th & Baltimore, 1st Saturday/month  
9am, *Backpacks, sleeping bags, sack lunches, clothes etc.*
- **The Salvation Army** • **816.483.8484** 3013 E. 9th St.  
Mon, Wed, & Fri 9:00am-12:00pm & 1:00pm-2:30pm  
*Rent, utilities assistance & food pantry*
- **True Light Family Resource Center** • **816.561.1700**  
712 E 31st St Mon-Thurs. 10-12pm, 1-3pm, Fri. 10-12pm  
*Emergency food, diapers & toiletries, clothes, furniture*  
Mon-Fri. 10-12pm, 1-3pm. **Water assistance by appointment,  
closes at 12pm on Friday.**
- SHELTER**
- **City Union Mission Family Center** • **816.474.4599**  
1310 Wabash Ave (*call for availability*)
- **City Union Mission Men's Shelter** • **816.474.4599**  
1108 E. 10th St (*call for availability*)
- **Hope House** (*domestic violence*) • **816.461.4673**
- **Newhouse** (*domestic violence*) • **816.471.5800**
- **reStart, Inc** • **816.472.5664** 918 E. 9th St. (*call for appt*)
- **Relentless Pursuit Outreach and Recovery Drop-In Center**  
• **816.301.5571** 24/7 Hotline  
5108 Independence Ave  
Tues, Wed, Fri, & Sat, 11:00am- 4:00pm  
*Anti-human trafficking (women only)*
- **Rose Brooks Center** (*domestic violence*) • **816.861.6100**
- **Shelter KC** • **816.421.7643** 1520 Cherry St.  
*Intake 9:00am-3:00pm daily; check in 3:30pm-5:00pm*  
*Men's shelter & recovery center, 4:30pm "Taste & See"*
- **Shelter KC Women's Center** • **816.348.3287**  
*Residential recovery for single homeless women*
- **Synergy Services** (*Domestic Violence Center*)  
• **816.321.7050**
- **Teresa's Place** • **816.531.8340**  
Low barrier shelter for LGBTQ+ young adults (18-24)
- **The Salvation Army Adult Rehabilitation Center  
(ARC)** • **816.421.5434** 1351 E. 10th St. (*call for intake*)
- **TLFRC Emancipation Station** • **816.531.1300**  
717 E. 31st St. M-F 8:30am-3:00pm (*day shelter for women*)