SHOWERS & LAUNDRY

- ► Swope Health Services
- 3801 Dr. Martin Luther King, Jr. Blvd. Mon 8:00am-12:00pm, Fri. 8:00 am – 2:00pm (1 load per week, showers first come, first served)
- ► TLFRC Emancipation Station 717 E. 31st St. Mon-Fri 8:30am-2:30pm (lunch at 12pm, women only) Tues-Thurs. Laundry (not same day service)
- ► Westport Presbyterian Church 201 Westport Rd Sun 7:30am-9:30am

Thurs 5:30pm-7pm (Women, Trans, Gender Non-Conforming people only)

VETERANS

- ► Catholic Charities, SSVF 816.659.8263 8001 Longview Road; Kansas City, MO 64134
- ► Kansas City VA Medical Center 816.861.4700 4801 E Linwood
- ▶reStart, SSVF 816.886.9148 918 E. 9th St.
- ► Veterans Community Project Outreach Center
- **816.599.650**3 8825 Troost Ave.

Mon | Tues | Wed | Thurs 9:00am-4:00pm

Fri 9:00am-1:00pm

Fourth Wednesday Commissary 9:00am-3:00pm Food, clothing, and more, free of charge

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YOUTH/FAMILY (Check Facebook for updates)

► The HALO Foundation • 816.590.4493 101 E. 52nd Terrace, KCMO, 64129 • ages 4-24

Art & educational programs, food, dignity items etc., transitional living program youth ages 16-21

- ▶ Lutheran Family and Children's Services of Missouri
- 866.326.5327 1 E Armour Blvd., Ste 102

Free counseling ages 3-19 for Jackson County residents, parenting & pregnancy services, adoptive & birth parent services

► Mother's Refuge • 816.353.8070

- shelter for pregnant or parenting moms ages 12-21 (children 0-2), Transitional Living Program for single moms 18+
- ▶reStart Youth Emergency Shelter 816.309.9048
- ages 12-17
- ► Street Outreach 816.505.4901 ages 22 or under
- ► Synergy House 816.741.8700 ages 12-18 Teens & Tots Clinic
- ► The LIGHT House Inc. 816.916.4434 24/7 Hotline (various services, teen tele-support groups)
- ► Youth Resiliency Center 816.505.4840

2001 NE Parvin, NKC • ages 12-20

Mon-Fri 2:30pm-6:30pm

Drop-in Services 11:00am-2:30pm Laundry, showers, pantry services, art studio, daily classes and case management

LOCAL WRAPAROUND SERVICE CAMPUSES

► BISHOP SULLIVAN CENTER (AccessKC site)

Call either location to inquire about funds for rent, utilities, or a variety of other one-time needs. Employment services available.

• 816.231.0984 6435 Truman Rd

Mon-Thurs 9:00am-4:00pm (call for appointment)

Food Pantry Mon-Thurs. 1:00-4:00pm

• 816.561.8515 3936 Troost Ave

Mon-Thurs 9:00am-4:30pm (call for appointment) Food Pantry Mon-Thurs. 9:00am-12:00pm

► THE BEEHIVE

750 The Paseo

Housing assistance Tuesday 11:00am- 3pm. Related support services Tues-Thurs 11:00am-3:30pm walk-in and appointments available.

Care Beyond the Boulevard medical services and patient case management on Tuesday-Thursday 11:00 am– 3:30 pm. Dental exams and emergency extractions only on Wednesday 11:00am–3:30pm. Behavioral health Thursday 11:00am–3:30pm. Walk-ins and appointments available.

► HOPE FAITH HOMELESS ASSISTANCE CAMPUS

705 Virginia Avenue • 816.471.4673

Hours: Mon | Tues | Wed | Fri 6:30am-2:00pm

Thurs 6:30am-1:00pm

Meals: Breakfast 8:30am-10:00am Lunch Mon – Fri11:00am-12:30pm

Guest Services: Mon, Tues, Wed, Fri 7:00am-2:00pm & Thurs 7:00am-1:00pm closes daily from 10:00am-11:00am

Clothing Shop: emergency approval only Hope Cuts: Mon-Fri. 9am – 1:00pm

Laundry Services: Mon, Tues, Wed & Fri 7:00am-1:00pm Thurs 7:00am-12:00pm closes daily from 10:00am-11:00am,

Limited availability

Mail Pick-Up: Must sign up first, pick-up times M-Fri. 7-10am, 11am-

1:45pm

Showers: during guest services hours

Swope Health Services provides transportation from Hope Faith to their 3801 Dr. Martin Luther King, Jr. Blvd.

location: Mon and Wed from 7:20am-7:30am Swope Mobile Medical Unit stop at Hope Faith every other Thurs from 9:00am-12:00pm

PETS

▶ Pet Resource Center of Kansas City • 816.353.0940

•1116 E 59th St + Mobile Outreach and Transportation Team Spay/neuter, urgent, preventative, and dental care, pet food pantry

The Street Sheet is always available online,

scan this QR code:





816.701.3767 https://kclibrary.org/outreach communityresources@kclibrary.org

Street Sheet Winter 2026

Updated Quarterly

COMMUNITY RESOURCES @ CENTRAL LIBRARY

Community Resources staff is available by phone or in-person at Central Library, 14 W. 10th St., Third Floor. **Mon-Fri** 9:00am - 1:00pm

Coffee & Conversation @ Central Library

14 W. 10th St., Third Floor

Fourth Wednesday of each month

10:30am-11:30am

Coffee & Conversation invites people experiencing life-challenges to have a cup of coffee, snacks, direct access to resources and personal care items.

Housing Authority of KC

3822 Summit St.

HOTLINES

Alcoholics Anonymous Children's Center Hotline Cold Weather Shelter Domestic Violence

First Call (Substance Abuse) Harvester/SNAP Hotline for the Homeless Mental Health Crisis Line National Runaway Safeline National Human Trafficking Rape/Sexual Abuse

Safe Place (Ages 12-18) Suicide and Crisis Lifeline Transgender Helpline United Way 816.968.4100

800.839.1686

816.321.7060 816.513.3699 816.HOTLINE

(816.468.5463) 816.361.5900

816.929.3300 816.474.4599 888.279.8188

1.800.786.2929 1.888.373.7888 816.531.0233

913.642.0233 Text 4HELP

988 877.565.8860

077.303.0000 211

^{*}A variety of other local resources can be found at: liftupkc.org

| FOOD/MEALS | NC Health Department - 046 F42 6000 |
|---|---|
| ► Bishop Sullivan/One City Cafe 3936 Troost Ave | ► KC Health Department • 816.513.6008 2400 Troost Ave |
| Lunch Mon-Thurs 12:00pm-1:00pm, Friday 11am- 2pm | ► La Clinica • 816.581.5671 148 N Topping Ave. |
| ► Family Promise of the Northland 10th & Baltimore | Fridays 9am-4:30pm apt. only, no insurance needed, \$35 |
| Lunch (1st, 3rd & 5th Thursday) 11:00am-11:30am | сорау |
| ►Independence Boulevard Christian Church | ► AccessKC (Formerly KC Medicine Cabinet) • 816.399.96 |
| (provided by Micah Ministries) 606 Gladstone Ave. | Vouchers for prescriptions, dental, diabetic supplies, eye |
| Dinner/toiletries/clothes Mon 5:30pm-7:00pm | exams, eyeglasses, hearing aids, & medical equipment |
| ► NourishKC's KC Community Kitchen 750 The Paseo Blvd | ► ReDiscover • 816.966.0900 In-person or telehealth |
| Lunch Mon-Fri. 11:00am-2:00pm | ► Research Psychiatric Center • 816.444.8161 |
| ► Metropolitan Lutheran Ministry 3031 Holmes | 2323 E 63rd St. |
| Food pantry & sack lunches Mon-Fri 8:30am-10:30am | ► Samuel U. Rogers Health Center • 816.474.4920 |
| ► Morning Glory Ministries 20 W 9th St. | 825 Euclid Ave Medical, dental, & behavioral health |
| Breakfast Mon-Fri 7:00am-8:00am | ► Swope Health Services • 816.599.5480 |
| ► Neighbor2Neighbor 2910 Victor St. | 3801 Dr. Martin Luther King, Jr. Blvd. |
| Open Mon-Fri 9am-12pm, <i>Hygiene items</i> Wed. 10-11am, | Free medical, dental, behavioral health, optometry, |
| Breakfast/Sack Lunch 9-10:30 am, Lunch 10:45-11:45am, Drug | pediatrics, OB/GYN services, medication |
| treatment and recovery housing referrals 9 am –12 pm, clothing | assistance, Medicaid applications, Covid & STI testing |
| closet Wed. and Fri. 10 – 11am. | Mon-Fri 8:30am-12:00pm & 1:00pm-4:00pm |
| ► Redemptorist Center 207 Linwood Blvd | ► University Health/Behavioral Services • 816.404.57 |
| Food pantry Mon-Thurs 10:00am-1:00pm | 300 W 19th Terrace Mon-Fri 8:00am-2:00pi |
| Lunch Mon-Fri 10:00am-1:00pm ►The Salvation Army 3013 E 9th St | ► Vivent Health • 816.561.8784 4309 E 50th Terr., Ste |
| Lunch Mon-Thurs 11:30am-12:30pm | HIV & AIDS services; free HIV/STI testing |
| ► Trinity United Methodist Church 620 E. Armour Blvd | GENERAL HELP |
| Lunch with food pantry, toiletry & laundry voucher | Catholic Charities Welcome Center • 816.221.4377 |
| pantry Mon 12:00pm-1:00pm Lunch only Sat 11:30am- | 8001 Longview Road; Kansas City, MO 64134 Client Hours & Basic Needs Assistance (food, diapers, |
| 12:30pm | hygiene): Mon-Thurs 9:00am-3:30pm, closed 12-1pm fo |
| ► True Light Family Resource Center 717 E 31st St | lunch. Rent/utility assistance calls are taken on Mondays |
| Community Breakfast (open to all) Saturdays 7:30-9 am | 8:30am. First come, first served. |
| ►TLFRC Emancipation Station 717 E. 31st St. | ► Central Presbyterian Church • 816.931.2515 ext. 2 |
| Breakfast Mon-Fri. 8:30-10:00 am, Lunch 12pm (limited) | 3501 Campbell St. Clothing, food pantry, toiletries |
| ►Unity Southeast 3421 E Meyer Blvd | Wed 9:00 am –11:00 am |
| Breakfast Sunday 9:30-10:30am | ► Community LINC • 816.531. 3727 |
| Food Pantry Sunday 10-11am | 4012 Troost Ave., Street homeless Outreach navigators; |
| Dinner Wednesday 5:30-7pm | Transitional Housing for Families |
| ► Washington Square Park 100 E Pershing Rd | ► Journey to New Life (reentry from incarceration) |
| (provided by Kansas City Heroes) Dinner, Tues 6:30pm-8:00pm | • 816.960.4808 3120 Troost Ave. |
| ► Westport Presbyterian Church 201 Westport Rd | Monday - Thursday 10:00 am – 4:00 pm |
| Breakfast Sun. 8-9:30 am | Assistance with basic needs & employment |
| Resource Drop-In Center Fri. 11 am – 3 pm (sack lunches | ► Legal Aid of Western Missouri • 816.474.6750 |
| provided while supplies last) | 4001 Dr. Martin Luther King, Jr. Blvd, Ste. 300 |
| HEALTH | Call or schedule an appointment online at lawmo.org |
| ► Care Beyond the Boulevard @ Independence | ► Metropolitan Lutheran Ministry • 816.931.0027 |
| Boulevard Christian Church • 606 Gladstone Blvd. | 3031 Holmes (call for appointment) |
| Douisvara Officiali Officiali | Rent, utilities, birth certificates, food & diapers |

Mon 4pm-7pm and Sat 9am-12pm, 2nd Sat 10am-12pm Mobile

► Heartland Center for Behavioral Change • 816.421.6670

3515 Broadway & 2340 E Meyer Blvd (dental), Confidential, sex

positive, judgement free clinic- Free HIV, Hep C, Syphilis testing.

Walk-In Testing: Mon & Tues 9:00am-6:00pm and Wed-Fri

@ Cherith Brook Catholic Worker • 3308 E. 12th St.

► KC CARE Health Center • 816.753.5144

9:00am-4:30pm <u>www.kcprevention.org</u>

food pantry

Thurs 5:00pm-7:00pm

► Reconciliation Services • 816.931.4751 3101 Troost Ave (call for appointment) ly, no insurance needed, \$35 ledicine Cabinet) • 816.399.9651 dental, diabetic supplies, eye ioral Services • 816.404.5700 Mon-Fri 8:00am-2:00pm 8784 4309 E 50th Terr., Ste 200 ome Center • 816.221.4377 m-3:30pm, closed 12-1pm for e calls are taken on Mondays @ urch • 816.931.2515 ext. 2 meless Outreach navigators; 416 W. 12th St., Tues-Fri 9am-11am IDs/Records (with a 207 Linwood Blvd Mon-Fri 8:00am-4:00pm (office hours)

► Morning Glory Ministries • 816.842.0416

► Redemptorist Social Services • 816.931.9942

Mon-Thurs 10:00am-1:00pm (walk-in client hours)

homeless/shelter letter)

Clothing & toiletries (every 2 wks.)

Food, toiletries & financial assistance

Mon-10:00am-5:00pm & Tues-Fri 9:00am-5:00pm Health/medication, utilities, ID/birth certificates, mental health services, therapy & case management ► SAVE, Inc. • 816.531.8340, ext. 200 Housing assistance for individuals with HIV/AIDS, substance abuse, and mental health illnesses ► Second Chance • 816.231.0450 3100 Broadway, Suite 302 (justice-involved, call for appointment) ► St. Paul's Episcopal Church • 816.931.2850 40th & Main (south side of church), Tuesdays appointment only (call), Wed. 5:30-7:30pm, Saturdays 9-11am except 3rd Sat. 10am-12pm, Food pantry & personal care items ► Street Support KC • 10th & Baltimore, 1st Saturday/month 9am, Backpacks, sleeping bags, sack lunches, clothes etc. ► The Salvation Army • 816.483.8484 3013 E. 9th St. Mon, Wed, & Fri 9:00am-12:00pm & 1:00pm-2:30pm Rent, utilities assistance & food pantry ► True Light Family Resource Center • 816.561.1700 Mon-Thurs. 10-12pm, 1-3pm, Fri. 10-12pm Emergency food, diapers & toiletries, clothes, furniture Mon-Fri. 10-12pm, 1-3pm (by appointment for water assistance) **SHELTER** ► City Union Mission Family Center • 816.474.4599 1310 Wabash Ave (call for availability) ► City Union Mission Men's Shelter • 816.474.4599 1108 E. 10th St (call for availability) ► Hope House (domestic violence) • 816.461.4673 ► Newhouse (domestic violence) • 816.471.5800 ► ReHope • 816.793.0500 Residential program for women recovering from commercial sexual exploitation, addiction, and homelessness. ▶reStart, Inc • 816.472.5664 918 E. 9th St. (call for appt) ► Relentless Pursuit Outreach and Recovery **Drop-In Center • 816.301.5571** 24/7 Hotline 5108 Independence Ave Tues, Wed, Fri, & Sat, 11:00am- 4:00pm Anti-human trafficking (women only) ► Rose Brooks Center (domestic violence) • 816.861.6100 ► Shelter KC • 816.421.7643 1520 Cherry St. Intake 9:00am-3:00pm daily; check in 3:30pm-5:00pm Men's shelter & recovery center, 4:30pm "Taste & See" ► Shelter KC Women's Center • 816.348.3287 Residential recovery for single homeless women ► Synergy Services (Domestic Violence Center) • 816.321.7050 ► Teresa's Place • 816.531.8340 Low barrier shelter for LGBTQ+ young adults (18-24) ► The Salvation Army Adult Rehabilitation Center (ARC) • 816.421.5434 1351 E. 10th St. (call for intake) ► TLFRC Emancipation Station • 816.531.1300 717 E. 31st St. M-F 8:30am-3:00pm (day shelter for women)