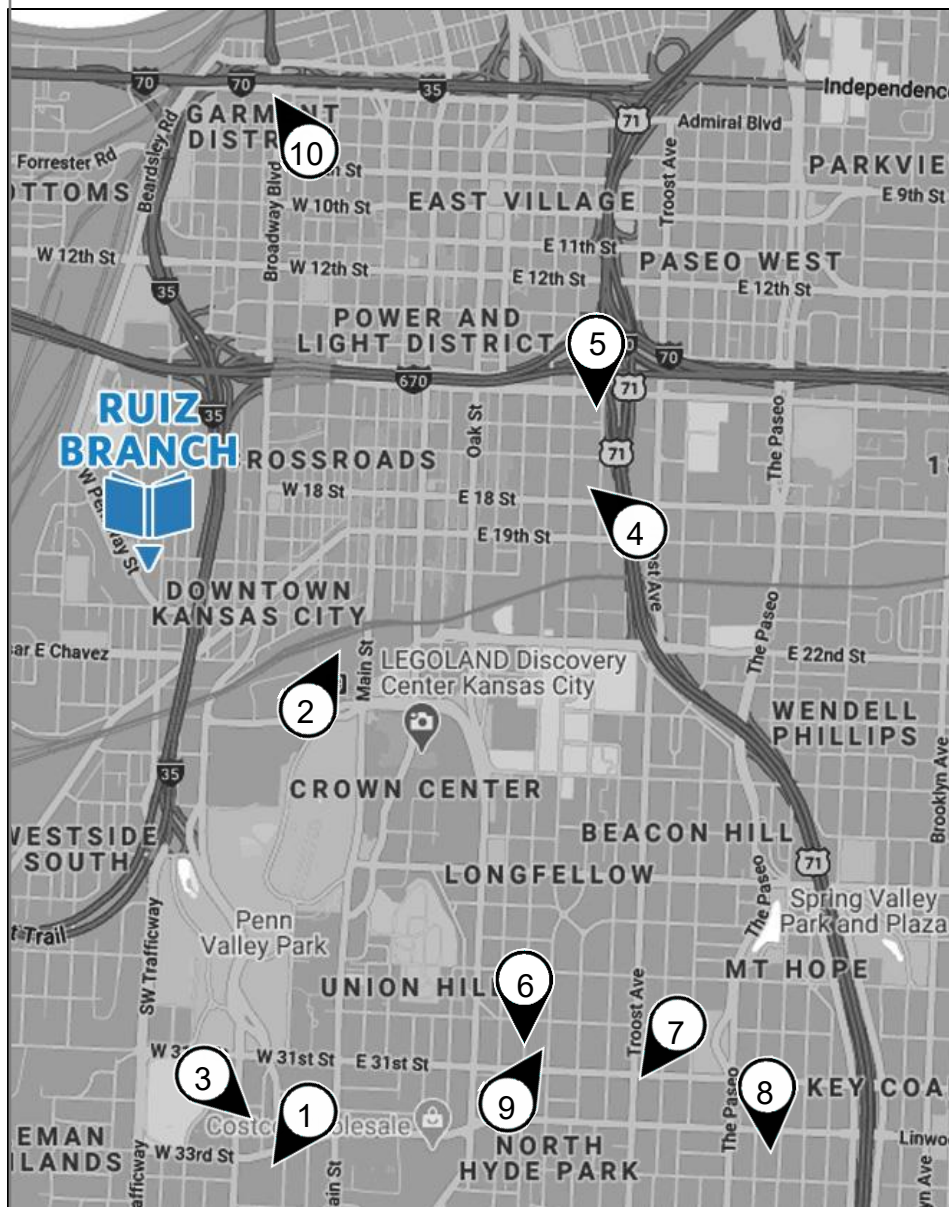


## Highlighted Resources

1. Redemptorist Social Services Center
2. Dismas House Of Kansas City
3. The Light House Inc.
4. Goodwill of Western Missouri & Eastern Kansas
5. Heartland Center for Behavioral Change
6. Metropolitan Lutheran Ministry
7. Reconciliation Services
8. Greater Kansas City Coalition to End Homelessness
9. True Light Family Resource Center
10. Mid-America Regional Council (MARC)



**GENERAL RESOURCES: DIAL 211**



**Kansas City  
Public Library**  
Community Resources

816.701.3767 • [kclibrary.org/outreach](https://www.kclibrary.org/outreach)  
[communityresources@kclibrary.org](mailto:communityresources@kclibrary.org)

# WHERE TO TURN

Local Help & Resources Within 4 Miles



## Irene H. Ruiz Branch

816.701.3487 • 2017 W Pennway St, KC, MO 64108

### Before You Visit an Agency:

- Call the organization directly to confirm services and operating hours.
- Ask if you need any documentation to be eligible for their services.

Updated Quarterly  
Winter 2026

## CLOTHING / FOOD / TOILETRIES

► **Community Christian Church** (3.4 miles)  
816.561.6531 • 4601 Main St  
Tues-Thurs 9:00 am – 12:00 pm  
*Last 2 weeks of month, requires picture ID.  
Schedule appointment by phone or online.  
Closed when KCMO schools close.*

► **Harvesters Food Locator**  
*Visit [www.harvesters.org/get-food-assistance](http://www.harvesters.org/get-food-assistance)  
to find a Harvesters agency partner in your area*

► **Metropolitan Lutheran Ministry** (2.3 miles)  
816.931.0027 • 3031 Holmes  
Mon-Fri 8:30 am – 11:00 am  
*Food pantry & diapers*

► **Redemptorist Social Services Center**  
(2 miles) 816.931.9942 • 207 W Linwood Blvd  
Mon-Thurs 10:00 am – 1:00 pm *Food pantry*  
2nd, 4th & 5th Wed 5:30 pm  
*Mobile food distribution*

► **St. Paul's Episcopal Community Services** (3 miles) 816.931.2850  
• 40th & Main (*south side of church*), *Tuesdays  
appointment only (call), Wed. 5:30-7:30pm,  
Saturdays 9-11am except 3rd Sat. 10am-12pm,  
Food pantry & personal care items*

► **The Salvation Army** (2.4 miles)  
816.753.6040 • 500 W 39th St  
Mon-Thurs 8:00 am – 4:00 pm (*closed 12-1pm*)

► **True Light Family Resource Center**  
(1.6 miles) 816.561.1700 • 712 E 31st St  
Mon-Fri 10:00 am – 3:00 pm (*closed 12-1pm*)  
*Emergency food, diapers & toiletries*

## DOMESTIC VIOLENCE SERVICES

► **Hope House**  
816.461.4673 24/7 Hotline

► **Newhouse** (*domestic violence shelter*)  
816.861.6100 24/7 Hotline

► **Rose Brooks Center**  
816.861.6100 24/7 Hotline

► **Sheffield Place**  
816.483.9927 24/7 Hotline

► **Synergy Services Domestic Violence Center** 816.321.7050 24/7 Hotline

► **Youth Street Outreach Services**  
816.505.4901 24/7 Hotline  
*Ages 22 or under*

## EMPLOYMENT

► **Determination, Incorporated** (1.6 miles)  
816.607.1873 • 1701 Troost Ave  
"Be the Boss" is a virtual business support  
group for formerly incarcerated people.  
Visit [www.UnlockESHIP.org](http://www.UnlockESHIP.org)  
and click "Join Our Community"

► **Goodwill of Western Missouri & Eastern Kansas** (1.3 miles) 816.842.7425, EXT 2  
• 800 E 18th St  
Tues & Thurs 9:00 am – 2:00 pm (*walk-in hrs*)  
*Employment assistance, computer training,  
career exploration, technology & manufacturing  
certifications*

► **Second Chance justice-involved** (2.6 miles)  
816.231.0450 • 3100 Broadway, #302  
(*call for appointment*)

► **Women's Employment Network** (3 miles)  
816.822.8083 • 4328 Madison Ave  
Mon-Fri 9:00 am – 5:00 pm  
*Call for appointment or email from our  
website <https://kcwen.org/home>*

## FREE MEALS

► **Hope Faith Homeless Assistance Campus**  
(2.6 miles) 816.471.4673 • 705 Virginia Ave  
Mon-Fri 8:30 am – 10:00 am *Breakfast*  
11:00 am – 12:30 pm *Lunch*

► **NourishKC's KC Community Kitchen**  
(3 miles) 816.561.8920 • 750 The Paseo  
Mon-Fri 11:00 am – 2:00 pm  
*Includes weekday holidays and during  
inclement weather*

► **One City Café** (3.5 miles) 816.561.8515  
• 3936 Troost Ave  
Mon-Fri 12:00 pm – 1:00 pm *Lunch*  
Mon-Fri 4:30 pm – 6:00 pm *Dinner*

► **True Light Family Resource Center**  
(2 miles) 816.381.9310 • 717 E 31st St  
Sat 8:00 am – 10:00 am *Breakfast*

► **Washington Square Park** (1.2 miles)  
• 100 E Pershing Rd (*provided by KC Heroes*)  
Tues 6:30 pm – 8:00 pm *Dinner, supplies*

## HEALTH & SUBSTANCE USE

► **Charlie's House** (3.7 miles)  
816.591.1766 • 2425 Campbell  
*Childproofing & home safety devices at no  
cost. Visit [challieshouse.org](http://challieshouse.org) to schedule a  
tour of our safety demonstration home.*

► **Dismas House of Kansas City**  
816.542.0445 Mon-Thurs 8:30am – 6:30pm  
*Recovery services (virtual services only)*

► **Heartland Center for Behavioral Change** 816.421.6670  
*Outpatient substance use treatment*

► **Footprints, INC** (4 miles)  
816.561.0567 • 4501 Troost Ave  
Mon-Thurs 10:30 am – 6:00 pm  
*Recovery/outpatient therapy*

► **KC CARE Health Center** (2.6 miles)  
816.753.5144 • 3515 Broadway  
Mon & Tues 8:30 am – 8:00 pm  
Wed-Fri 8:30 am – 5:00 pm  
Sat 8:00 am – 12:00 pm  
(*by appointment only*)  
Mon-Fri 1:00 pm – 4:00 pm *walk-in hours*

► **KC Indian Center** (2.5 miles)  
816.421.7608 • 600 W 39th St  
*Outpatient substance use treatment for  
Native Americans*  
(*please call for an appointment*)

► **Reconciliation Services** (2.5 miles)  
816.931.4751 • 3101 Troost Ave.  
Mon 10:00 am – 5:00 pm  
Tues-Fri 9:00 am – 5:00 pm (*call for appt*)  
*KC Medicine Cabinet, mental health  
services, therapy & case management*

► **Rediscover** (2.7 miles) 816.966.0900  
• 3728 Gillham Rd  
Mon-Fri 8:00 am – 5:00 pm

► **Samuel U. Rogers Health Center**  
(3.2 miles) 816.474.4920 • 825 Euclid Ave.  
*Medical, dental, & behavioral health*

► **Shelter KC Men's Shelter** (1.4 miles)  
• 816.421.7643 1520 Cherry St  
*Intake 9:00 am – 3:00 pm  
Check-in 3:30 pm – 5:00 pm  
Men's shelter & recovery center*

► **Shelter KC Women's Center** (2.6 miles)  
816.348.3287 • 2611 E.11th St  
*Residential recovery for single homeless  
women (call for prescreening)*

► **The Whole Person** (2.4 miles)  
816.561.0304 • 3710 Main St.  
*Wide range of social services for people  
with disabilities*

## ID & VITAL DOCUMENTS

► **Reconciliation Services** (2.5 miles)  
816.931.4751 • 3101 Troost Ave.  
Mon 10:00 am – 5:00 pm  
Tues-Fri 9:00 am – 5:00 pm (*call for appt*)

**TRANSITIONAL & PERMANENT HOUSING**

► **City Union Mission Family Center**  
(3 miles) 816.474.4599  
• 1310 Wabash Ave (*call for availability*)

► **City Union Mission Men's Shelter**  
(2 miles) 816.474.4599  
• 1108 E. 10th St. (*call for availability*)

► **Community LINC** (3.5 miles)  
816.531.3727 • 4012 Troost Ave.  
Mon-Thurs 9:00 am – 5:00 pm  
Fri 9:00 am – 12:00 pm, *Street homeless  
Outreach navigators; Transitional Housing for  
Families*

► **True Light Family Resource Center**  
(1.6 miles) 816.531.1300 • 717 E 31st St  
Mon-Fri 8:00 am – 3:30 pm  
*Day shelter for women*

## UTILITY & RENT ASSISTANCE

► **Bishop Sullivan Center** (3.5 miles)  
816-561-8515 • 3936 Troost Ave  
Mon-Thurs 9:00 am – 4:30 pm  
*Apply at [www.bishopsullivan.org](http://www.bishopsullivan.org)*

► **Kansas City Indian Center** (2.5 miles)  
816.421.7608 • 600 W 39th St  
*Assistance for low-income Native Americans*  
(*please call for an appointment*)

► **Metropolitan Lutheran Ministry** (2.3 miles)  
816.931.0027 • 3031 Holmes  
Mon-Fri (*call for appointment*)  
*Rent, utilities, & home repair assistance*

► **Reconciliation Services** (2.6 miles)  
816.931.4751 • 3101 Troost Ave.  
Mon 10:00 am – 5:00 pm  
Tues-Fri 9:00 am – 5:00 pm (*call for apt.*)

► **Redemptorist Social Services** (1.4 miles)  
816.708.4880 • 207 Linwood Blvd  
Mon-Fri 8:00 am – 4:00 pm (*call for appointment*)  
*Financial assistance—rent/mortgage & utilities*

► **True Light Family Resource Center**  
(1.6 miles) 816.561.1700 • 712 E 31st St  
Mon, Wed & Fri. *Water assistance (call  
for appointment)*

► **Visitation Parish - St. Vincent De Paul Society** (4 miles) 816.753.9061 • 5141 Main St  
Mon-Fri 8:00 am – 5:00 pm  
*Utility & rent assistance; serving 64110, 64111,  
64112, & 64113 zip codes*

## YOUTH

► **Children's Center Hotline** 816.321.7060

► **Lion House** 913.303.8664 *LBGTQ+ Only,  
Ages 18- 24, with some availability for 16+*

► **PRIDE Haven Youth Shelter** (2.7 miles)  
816.931.0602 • 3109 Campbell St  
*LGBTQIA; ages 18-24, daytime services only*

► **reStart Youth Emergency Shelter**  
816.309.9048 *ages 12-17*

► **Street Outreach** 816.505.4901  
*Ages 22 or under*

► **The LIGHT House Inc.** 816.916.4434  
*24/7 Hotline (various services)*