

## Highlighted Resources

1. Bishop Sullivan Center
2. Redemptorist Social Service
3. Metropolitan Lutheran Ministries
4. True Light Family Resource Center
5. Journey to New Life, Inc.
6. Reconciliation Services



**GENERAL RESOURCES: DIAL 211**



**Kansas City  
Public Library**  
Community Resources

816.701.3767 • [kclibrary.org/outreach](http://kclibrary.org/outreach)  
[communityresources@kclibrary.org](mailto:communityresources@kclibrary.org)

# WHERE TO TURN

Local Help & Resources Within 4 Miles



## Plaza Branch

816.701.3400 • 4801 Main St, KC, MO 64112

## Before You Visit an Agency:

- Call the organization directly to confirm services and operating hours.
- Ask if you need any documentation to be eligible for their services.

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Winter 2026

## **CLOTHING / FOOD / TOILETRIES**

### **►Bishop Sullivan Center** (2.3 miles)

816.561.8515 • 3936 Troost Ave  
Mon-Thurs 9:00 am – 12:00 pm, Friday 11 am – 2 pm

### **►Catholic Charities Welcome Center** (4.8 miles) 816.221.4377

• 8001 Longview Road; KC, MO 64134  
Basic Needs Assistance (*food, diapers, hygiene*): Mon-Thurs 9:00am-3:30pm, closed 12-1pm for lunch.

### **►Community Christian Church**

(2 miles) 816.561.6531 • 4601 Main St  
Tues & Thurs 9:00 am – 12:00 pm  
*2nd and 3rd week of month, requires picture ID. Schedule appointment by phone or online. Closed when KCMO schools close.*

### **►Harvesters Food Locator**

*Visit [www.harvesters.org/get-food-assistance](http://www.harvesters.org/get-food-assistance) to find a Harvesters agency partner in your area*

### **►Jewish Family Services** (2 miles)

913.327.8250 • 425 E 63rd St  
*Call: ask for the Navigator or leave a message with the answering service.*  
*Email: [navigator@jfskc.org](mailto:navigator@jfskc.org)*  
*(weekdays by appointment)*  
*Food & toiletries*

### **►Journey to New Life** (3 miles)

816.960.4808 • 3120 Troost Ave  
Monday- Thursday 10am -4pm  
*Assistance with basic needs for reentry from incarceration*

### **►Metropolitan Lutheran Ministry**

(2.8 miles) 816.931.0027 • 3031 Holmes  
Mon-Fri 8:30 am – 11:00 am  
*Food pantry & diapers*

### **►Redemptorist Social Services Center**

(2 miles) 816.931.9942  
• 207 W Linwood Blvd  
Mon-Thurs 10:00 am – 1:00 pm  
*Food pantry*

### **►St. Paul's Episcopal Church**

(1.4 miles) 816.931.2850 • 40th & Main  
(*south side of church*), Tuesdays  
*appointment only(call), Wed. 5:30-7:30pm, Saturdays 9-11am except 3rd Sat. 10am-12pm, Food pantry & personal care items*  
*Food pantry & personal care items*

### **►The Salvation Army** (1.5 miles)

816.753.6040 • 500 W 39th St  
Tues & Thurs 1:30 pm – 2:30 pm  
Wed 10:00 am – 11:00 am

## **EMPLOYMENT**

### **►Journey to New Life** (3 miles)

816.960.4808 • 3120 Troost Ave  
*Reentry from incarceration, call for appt*  
**►KC Public Library - Career Resources + Financial Literacy Specialist**  
Wed 9:30am-12:30pm at Plaza Branch  
*Or call 816.701.3663 for an appointment*

**►Second Chance Justice-Involved** (2.4 miles)  
816.231.0450 • 3100 Broadway, #302  
(*call for appointment*)

### **►Women's Employment Network**

(1.3 miles) 816.822.8083 • 4328 Madison  
Mon-Fri 9am-4pm  
*Call for appointment or email from website*  
*<https://kcwen.org/home>*

## **FREE MEALS**

### **►One City Café** (2 miles)

816.561.8515 • 3936 Troost Ave  
Mon-Fri 12:00 pm – 1:00 pm *Lunch*  
Mon-Fri 4:30 pm – 6:00 pm *Dinner*

**►Redemptorist Social Services Center**  
(2 miles) 816.931.9942 • 207 W Linwood Blvd

Mon-Fri 10:00 am – 1:00 pm *Lunch*

### **►True Light Family Resource Center**

(1 mile) 816.381.9310 • 712 E 31st St  
Sat 8:00 am – 10:00 am *Breakfast*

### **►Washington Square Park** (3.4 miles)

• 100 E Pershing Rd (*provided by Kansas City Heroes*) Tues 6:30 pm – 8:00 pm  
*Dinner, supplies*

## **HEALTH & SUBSTANCE USE**

### **►AccessKC (formerly KC Medicine Cabinet)** • 816.399.9651

*Vouchers for prescriptions, dental, diabetic supplies, eye exams, eyeglasses, hearing aids, & medical equipment*

### **►Charlie's House** (3.7 miles)

816.591.1766 • 2425 Campbell  
Mon-Fri 9:00am – 5:00pm  
*Free childproofing & home safety devices*

### **►Chestnut Avenue Family Resource Center**

(3.4 miles) 816.701.6534  
• 3811 Chestnut Ave.

*Assists residents living in the Oak Park Neighborhood with locating/applying for community-based resources*

### **►Dismas House of Kansas City**

816.542.0445 Mon-Thurs 8:30 am – 7:00 pm  
Fri 8:30 am – 5pm, Sat 9am – 2pm  
*Recovery services (virtual services only)*

## **THE LIGHT HOUSE INC.**

816.561.0567 • 4501 Troost Ave  
Mon & Wed 6:00 pm – 7:00 pm

Tue & Thurs 9:30 am – 10:30 am  
*Recovery/outpatient therapy*

### **►Heartland Center for Behavioral Change**

816.421.6670

*Outpatient substance use treatment*

### **►KC Care Health Center** (2 miles)

816.753.5144 • 3515 Broadway  
Mon & Tues 9:00 am – 6:00 pm  
Wed-Fri 9:00 am – 4:45 pm

*Free HIV, Hep C, Syphilis walk in testing.*

*More free testing available by appointment*

### **►KC Indian Center** (1.5 miles)

816.421.7608 • 600 W 39th St  
*Outpatient substance use treatment for Native Americans*

(*please call for an appointment*)

### **►Reconciliation Services** (3 miles)

816.931.4751 • 3101 Troost Ave.

Mon 9:30 am – 5:00 pm

Tues-Thurs 9:00 am – 5:00 pm

Fri 9:00 am – 4:00 pm

*AccessKC, mental health services, therapy & case management*

(*call for appointment*)

### **►Rediscover** (2 miles)

816.966.0900 • 3728 Gillham Rd  
Mon-Fri 8:00 am – 5:00 pm

### **►The Whole Person** (1.5 miles)

816.561.0304 • 3710 Main St.  
Mon-Fri 8:00 am – 5:00 pm

*Wide range of services for people with disabilities*

## **ID & VITAL RECORDS**

### **►Metropolitan Lutheran Ministry** (3 miles)

816.931.0027 • 3031 Holmes  
Mon-Fri (*call for appointment*)  
*Birth Certificates*

### **►Reconciliation Services** (3 miles)

816.931.4751 • 3101 Troost Ave.  
Mon 10:00 am – 5:00 pm  
Tues-Fri 9:00 am – 5:00 pm  
(*call for appointment*)

## **TRANSITIONAL & PERMANENT HOUSING**

### **►Journey to New Life** (3 miles)

Monday – Thursday, 10:00 am – 4:00 pm  
(*reentry from incarceration*) 816.960.4808  
• 3120 Troost Ave (*call for appointment*)

### **►Rose Brooks Center**

816-861-6100 24/7 Hotline  
*Domestic violence shelter & services*

## **►The LIGHT House Inc.**

816.916.4434 • 400 West Meyer Boulevard  
*24/7 Hotline. Residential shelter for pregnant women*

### **►Transitions for Life** (1.5 miles)

816.410.9252 • 800 Westport Rd, Suite 1  
Mon-Fri 9:00 am – 5:00 pm  
*Temporary housing for children and adults; ages 16 and up. Apply at [www.transitions4life.net](http://www.transitions4life.net)*  
**►True Light Family Resource Center**  
(2.7 miles) 816.531.1300 • 717 E 31st St  
Mon-Fri 8:30 am – 3:00 pm  
*Day shelter for women*

## **UTILITY & RENT ASSISTANCE**

### **►Bishop Sullivan Center** (2.3 miles)

816-561-8515 • 3936 Troost Ave  
Mon-Thurs 9:00 am – 4:30 pm  
*Apply at [www.bishopsullivan.org](http://www.bishopsullivan.org)*

### **►Catholic Charities Welcome Center**

(4.8 miles) 816.221.4377  
8001 Longview Road; KC, MO 64134  
Client Hours: Mon-Thurs 9:00am-3:30pm, closed 12-1pm for lunch. *Rent/utility assistance calls are taken on Mondays @ 8:30am. First come, first served.*

### **►KC Indian Center** (1.5 miles)

816.421.7608 • 600 W 39th St  
*Assistance for low-income Native Americans*  
(*please call for an appointment*)

### **►Metropolitan Lutheran Ministry** (2.8 miles)

816.931.0027 • 3031 Holmes  
Mon-Fri (*call for appointment*)  
*Rent, utilities, & home repair assistance*

### **►Reconciliation Services** (3 miles)

816.931.4751 • 3101 Troost Ave.  
Mon 10:00 am – 5:00 pm  
Tues-Fri 9:00 am – 5:00 pm  
*Utility assistance (call for appointment)*  
**►Redemptorist Social Services Center**  
(2 miles) 816.931.9942 • 207 W Linwood Blvd  
Mon-Fri 8:00 am – 4:00 pm  
*Financial assistance-rent/mortgage & utilities*  
(*call for appointment*)

## **YOUTH**

### **►Children's Center Hotline** • 816.321.7060

### **►Street Outreach** • 816.505.4901

*ages 22 or under*

### **►The LIGHT House Inc.**

• 816.916.4434 24/7 Hotline  
*Various services*