

SHOWERS & LAUNDRY

► Swope Health Services

• 3801 Dr. Martin Luther King, Jr. Blvd.
Mon 8:00am-12:00pm, Fri. 8:00 am – 2:00pm (1 load per week, showers first come, first served)

► **TLFRC Emancipation Station** • 717 E. 31st St.
Mon-Fri 8:30am-2:30pm (lunch at 12pm, women only)
Tues-Thurs. Laundry (not same day service)

► **Westport Presbyterian Church** • 201 Westport Rd
Sun 8:00am-9:30am
Thurs 5:30pm-7pm (Women, Trans, Gender Non-Conforming people only)

VETERANS

► **Catholic Charities, SSVF** • 816.659.8263

8001 Longview Road; Kansas City, MO 64134

► **Kansas City VA Medical Center** • 816.861.4700
4801 E Linwood

► **reStart, SSVF** • 816.886.9148 918 E. 9th St.

► **The Salvation Army, SSVF** • 816.670.2414
6618 E. Truman Rd.

► **Veterans Community Project - Outreach Center**
• 816.599.6503 8825 Troost Ave.

Mon | Tues | Wed | Thurs 9:00am-4:00pm
Fri 9:00am-1:00pm

Fourth Wednesday Commissary 9:00am-3:00pm
Food, clothing, and more, free of charge

YOUTH/FAMILY (Check Facebook for updates)

► **The HALO Foundation** • 816.590.4493 1600
Genessee St., Ste. 140 • ages 4-24

Art & educational programs, food, dignity items etc.

► **Lutheran Family and Children's Services of Missouri**
• 866.326.5327 • 1 E Armour Blvd., Ste 102

*Free counseling ages 3-19 for Jackson County residents,
parenting & pregnancy services, adoptive & birth parent
services*

► **Mother's Refuge** • 816.353.8070

• *shelter for pregnant or parenting moms ages 12-21
(children 0-2), Transitional Living Program for single
moms 18+*

► **reStart Youth Emergency Shelter** • 816.309.9048
• ages 12-17

► **Street Outreach** • 816.505.4901 • ages 22 or under

► **Synergy House** • 816.741.8700 • ages 12-18
Teens & Tots Clinic

► **The LIGHT House Inc.** • 816.916.4434 24/7 Hotline
(various services, teen tele-support groups)

► **Youth Resiliency Center** • 816.505.4840

2001 NE Parvin, NKC • ages 12-20

Mon-Fri 2:30pm-6:30pm

Drop-in Services 11:00am-2:30pm

*Laundry, showers, pantry services, art studio, daily
classes and case management*

LOCAL WRAPAROUND SERVICE CAMPUSES

► BISHOP SULLIVAN CENTER (AccessKC site)

Call either location to inquire about funds for rent, utilities, or a variety of other one-time needs. Employment services available.

• 816.231.0984 6435 Truman Rd

Mon-Thurs 9:00am-4:00pm (call for appointment)

Food Pantry Mon-Thurs. 1:00-4:00pm

• 816.561.8515 3936 Troost Ave

Mon-Thurs 9:00am-4:30pm (call for appointment)

Food Pantry Mon-Thurs. 9:00am-12:00pm

► THE BEEHIVE

750 The Paseo

Housing assistance Tuesday 11:00am- 3pm. Related support services Tues-Thurs 11:00am-3:30pm walk-in and appointments available.

Care Beyond the Boulevard medical services and patient case management on Tuesday-Thursday 11:00 am– 3:30 pm. Dental exams and emergency extractions only on Wednesday 11:00am-3:30pm. Behavioral health Thursday 11:00am-3:30pm. Walk-ins and appointments available.

► HOPE FAITH HOMELESS ASSISTANCE CAMPUS

705 Virginia Avenue • 816.471.4673

Hours: Mon | Tues | Wed | Fri 6:30am-2:00pm

Thurs 6:30am-1:00pm

Meals: Breakfast 8:30am-10:00am

Lunch Mon – Fri 11:00am-12:30pm

Guest Services: Mon, Tues, Wed, Fri 7:00am-2:00pm &

Thurs 7:00am-1:00pm closes daily from 10:00am-11:00am

Clothing Shop: emergency approval only

Hope Cuts: Mon-Fri. 9am – 1:00pm

Laundry Services: Mon, Tues, Wed & Fri 7:00am-1:00pm

Thurs 7:00am-12:00pm closes daily from 10:00am-11:00am,

Limited availability

Mail Pick-Up: Must sign up first, pick-up times M-W, Fri. 12:30pm – 1:45pm and Thurs. 11:30am-12:45pm

Showers: during guest services hours

Swope Health Services provides transportation from Hope Faith to their 3801 Dr. Martin Luther King, Jr. Blvd. location: **Mon and Wed** from 7:20am-7:30am

Swope Mobile Medical Unit stop at Hope Faith every other Thurs from 9:00am-12:00pm

The Street Sheet is always available online,
scan this QR code:



*A variety of other local resources can be found at: liftupkc.org



Kansas City
Public Library
Community Resources

816.701.3767 • <http://kclibrary.org/outreach>
communityresources@kclibrary.org

Street Sheet

Fall 2025

Updated Quarterly

COMMUNITY RESOURCES @ CENTRAL LIBRARY

Community Resources staff is available by phone or in-person at Central Library, 14 W. 10th St., Third Floor.
Mon - Fri 9:00am - 1:00pm

Coffee & Conversation @ Central Library

14 W. 10th St., Third Floor

Fourth Wednesday of each month
10:30am-11:30am

Coffee & Conversation invites people experiencing life-challenges to have a cup of coffee, snacks, direct access to resources and personal care items.

Housing Authority of KC

3822 Summit St.

816.968.4100

HOTLINES

Alcoholics Anonymous

800.839.1686

Children's Center Hotline

816.321.7060

Domestic Violence

816.HOTLINE
(816.468.5463)

First Call (Substance Abuse)

816.361.5900

Harvester/SNAP

816.929.3300

Hotline for the Homeless

816.474.4599

Mental Health Crisis Line

888.279.8188

National Runaway Safeline

1.800.786.2929

National Human Trafficking

1.888.373.7888

Rape/Sexual Abuse

816.531.0233

913.642.0233

Safe Place (Ages 12-18)

Text 4HELP

Suicide and Crisis Lifeline

988

Transgender Helpline

877.565.8860

United Way

211

FOOD/MEALS

► **Bishop Sullivan/One City Cafe** 3936 Troost Ave
Lunch Mon-Fri 12:00pm-1:00pm
Dinner Mon-Fri 4:30pm-6:00pm
► **Family Promise of the Northland** 10th & Baltimore
Lunch (1st, 3rd & 5th Thursday) 11:00am-11:30am
► **Independence Boulevard Christian Church**
(provided by Micah Ministries) 606 Gladstone Ave.
Dinner/toiletries/clothes Mon 5:30pm-7:00pm
► **NourishKC's KC Community Kitchen** 750 The Paseo Blvd
Lunch Mon-Fri. 11:00am-2:00pm
► **Metropolitan Lutheran Ministry** 3031 Holmes
Food pantry & sack lunches Mon-Fri 8:30am-11:00am
► **Morning Glory Ministries** 20 W 9th St.
Breakfast Mon-Fri 7:00am-8:00am
► **Neighbor2Neighbor** 2910 Victor St.
Open Mon-Fri 9am-12pm, *Hygiene items* Wed. 10-11am,
Breakfast/Sack Lunch 9-10:30 am, Lunch 10:45-11:45am, *Drug*
treatment and recovery housing referrals 9 am –12 pm, clothing
closet Wed. and Fri. 10 – 11am.
► **Redemptorist Center** 207 Linwood Blvd
Food pantry Mon-Thurs 10:00am-1:00pm
Lunch Mon-Fri 10:00am-1:00pm
► **The Salvation Army** 3013 E 9th St
Lunch Mon-Thurs 11:30am-12:30pm
► **Trinity United Methodist Church** 620 E. Armour Blvd
Lunch with food pantry, toiletry & laundry voucher
pantry Mon 12:00pm-1:00pm Lunch only Sat 11:30am-
12:30pm
► **True Light Family Resource Center** 717 E 31st St
Community Breakfast (open to all) Saturdays 7:30-9 am
► **TLFRC Emancipation Station** 717 E. 31st St.
Breakfast Mon-Fri. 8:30-10:00 am, Lunch 12pm (limited)
► **Unity Southeast** 3421 E Meyer Blvd
Breakfast Sunday 9:30-10:30am
Food Pantry Sunday 10-11am
Dinner Wednesday 5:30-7pm
► **Washington Square Park** 100 E Pershing Rd
(provided by *Kansas City Heroes*) Dinner, Tues 6:30pm-8:00pm
► **Westport Presbyterian Church** 201 Westport Rd
Breakfast Sun. 8-9:30 am, lunch bags Wed. 11 am – 12 pm

HEALTH

► **Care Beyond the Boulevard @ Independence**
Boulevard Christian Church • 606 Gladstone Blvd.
Mon 4pm-7pm and Sat 9am-12pm, 2nd Sat 10am-12pm Mobile
food pantry
@ **Cherith Brook Catholic Worker** • 3308 E. 12th St.
Thurs 5:00pm-7:00pm
► **Heartland Center for Behavioral Change** • 816.421.6670
► **KC CARE Health Center** • 816.753.5144
3515 Broadway & 2340 E Meyer Blvd (*dental*), *Confidential, sex*
positive, judgement free clinic- Free HIV, Hep C, Syphilis testing.
Walk-In Testing: Mon & Tues 9:00am-6:00pm and Wed-Fri
9:00am-4:30pm www.kcprevention.org

► **KC Health Department** • 816.513.6008
2400 Troost Ave
► **La Clinica** • 816.581.5671 148 N Topping Ave.
Fridays 9am-4:30pm apt. only, no insurance needed, \$35
copay
► **AccessKC** (Formerly KC Medicine Cabinet) • 816.276.7517
Vouchers for prescriptions, dental, diabetic supplies, eye
exams, eyeglasses, hearing aids, & medical equipment
► **ReDiscover** • 816.966.0900 *In-person or telehealth*
► **Research Psychiatric Center** • 816.444.8161
2323 E 63rd St.
► **Samuel U. Rogers Health Center** • 816.474.4920
825 Euclid Ave *Medical, dental, & behavioral health*
► **Swope Health Services** • 816.599.5480
3801 Dr. Martin Luther King, Jr. Blvd.
Free medical, dental, behavioral health, optometry,
pediatrics, OB/GYN services, medication
assistance, Medicaid applications, Covid & STI testing
Mon-Fri 8:30am-12:00pm & 1:00pm-4:00pm
► **University Health/Behavioral Services** • 816.404.5700
300 W 19th Terrace Mon-Fri 8:00am-2:00pm
► **Vivent Health** • 816.561.8784 4309 E 50th Terr., Ste 200
HIV & AIDS services; free HIV/STI testing

GENERAL HELP

► **Catholic Charities Welcome Center** • 816.221.4377
8001 Longview Road; Kansas City, MO 64134
Client Hours & Basic Needs Assistance (*food, diapers,*
hygiene): Mon-Thurs 9:00am-3:30pm, closed 12-1pm for
lunch. *Rent/utility assistance calls are taken on Mondays @*
8:30am. First come, first served.
► **Central Presbyterian Church** • 816.931.2515 ext. 2
3501 Campbell St. *Clothing, food pantry, toiletries*
Wed 9:00 am –11:00 am
► **Community LINC** • 816.531. 3727
4012 Troost Ave., Street homeless Outreach navigators;
Transitional Housing for Families
► **Journey to New Life (reentry from incarceration)**
• 816.960.4808 3120 Troost Ave.
Tues., Wed., & Thurs. 9:30am-12:30pm
Assistance with basic needs & employment
► **Legal Aid of Western Missouri** • 816.474.6750
4001 Dr. Martin Luther King, Jr. Blvd, Ste. 300
Call or schedule an appointment online at lawmo.org
► **Metropolitan Lutheran Ministry** • 816.931.0027
3031 Holmes (*call for appointment*)
Rent, utilities, birth certificates, food & diapers
► **Morning Glory Ministries** • 816.842.0416
416 W. 12th St., Tues-Fri 9am-11am *IDs/Records (with a*
homeless/shelter letter)
Clothing & toiletries (every 2 wks.)
► **Redemptorist Social Services** • 816.931.9942
207 Linwood Blvd Mon-Fri 8:00am-4:00pm (*office hours*)
Mon-Thurs 10:00am-1:00pm (*walk-in client hours*)
Food, toiletries & financial assistance

► **Reconciliation Services** • 816.931.4751
3101 Troost Ave (*call for appointment*)
Mon-10:00am-5:00pm & Tues-Fri 9:00am-5:00pm
Health/medication, utilities,
ID/birth certificates, mental health services, therapy & case
management
► **SAVE, Inc.** • 816.531.8340, ext. 200
Housing assistance for individuals with HIV/AIDS, substance
abuse, and mental health illnesses
► **Second Chance** • 816.231.0450
3100 Broadway, Suite 302
(*justice-involved, call for appointment*)
► **St. Paul's Episcopal Church** • 816.931.2850
40th & Main (*south side of church*), *Tuesdays appointment*
only (call), Wed. 5:30-7:30pm, Saturdays 9-11am except 3rd
Sat. 10am-12pm, Food pantry & personal care items
► **Street Support KC** • 10th & Baltimore, 1st Saturday/month
9am, Backpacks, sleeping bags, sack lunches, clothes etc.
► **The Salvation Army** • 816.483.8484 3013 E. 9th St.
Mon, Wed, & Fri 9:00am-12:00pm & 1:00pm-2:30pm
Rent, utilities assistance & food pantry
► **True Light Family Resource Center** • 816.561.1700
712 E 31st St Mon-Thurs. 10-12pm, 1-3pm, Fri. 10-12pm
Emergency food, diapers & toiletries, clothes, furniture
Mon-Fri. 10-12pm, 1-3pm (*by appointment for water*
assistance)
SHELTER
► **City Union Mission Family Center** • 816.474.4599
1310 Wabash Ave (*call for availability*)
► **City Union Mission Men's Shelter** • 816.474.4599
1108 E. 10th St (*call for availability*)
► **Hope House (domestic violence)** • 816.461.4673
► **Newhouse (domestic violence)** • 816.471.5800
► **reStart, Inc** • 816.472.5664 918 E. 9th St. (*call for appt*)
► **Relentless Pursuit Outreach and Recovery**
Drop-In Center • 816.301.5571 24/7 Hotline
5108 Independence Ave
Tues, Wed, Fri, & Sat, 11:00am- 4:00pm
Anti-human trafficking (women only)
► **Rose Brooks Center (domestic violence)** • 816.861.6100
► **Shelter KC** • 816.421.7643 1520 Cherry St.
Intake 9:00am-3:00pm daily; check in 3:30pm-5:00pm
Men's shelter & recovery center, 4:30pm "Taste & See"
► **Shelter KC Women's Center** • 816.348.3287
Residential recovery for single homeless women
► **Synergy Services (Domestic Violence Center)**
• 816.321.7050
► **Teresa's Place** • 816.531.8340
Low barrier shelter for LGBTQ+ young adults (18-24)
► **The Salvation Army Adult Rehabilitation Center**
(**ARC**) • 816.421.5434 1351 E. 10th St. (*call for intake*)
► **TLFRC Emancipation Station** • 816.531.1300
717 E. 31st St. M-F 8:30am-3:00pm (*day shelter for*
women, lunch provided at 12pm)
► **ReHope** • 816.793.0500
Residential program for women recovering from commercial