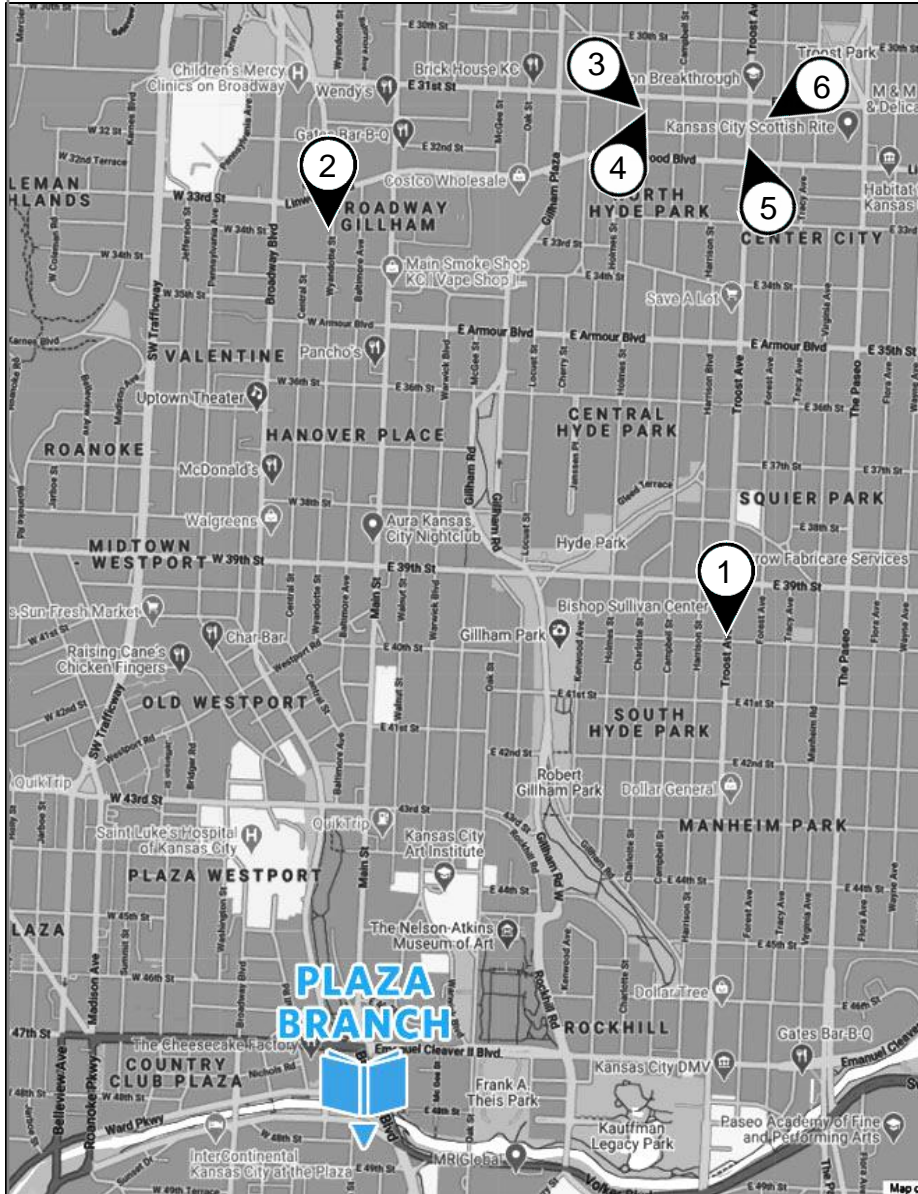


## Highlighted Resources

- |                                      |                              |
|--------------------------------------|------------------------------|
| 1. Bishop Sullivan Center            | 5. Journey to New Life, Inc. |
| 2. Redemptorist Social Service       | 6. Reconciliation Services   |
| 3. Metropolitan Lutheran Ministries  |                              |
| 4. True Light Family Resource Center |                              |



**GENERAL RESOURCES: DIAL 211**



**Kansas City  
Public Library**  
Community Resources

816.701.3767 • [kclibrary.org/outreach](http://kclibrary.org/outreach)  
[communityresources@kclibrary.org](mailto:communityresources@kclibrary.org)

# WHERE TO TURN

Local Help & Resources Within 4 Miles



## Plaza Branch

816.701.3400 • 4801 Main St, KC, MO 64112

### Before You Visit an Agency:

- Call the organization directly to confirm services and operating hours.
- Ask if you need any documentation to be eligible for their services.

Updated Quarterly  
Spring 2025

## CLOTHING / FOOD / TOILETRIES

### ► Bishop Sullivan Center (2.3 miles)

816.561.8515 • 3936 Troost Ave

Mon-Thurs 9:00 am – 12:00 pm

### ► Catholic Charities Welcome Center

(4.8 miles) 816.221.4377

• 8001 Longview Road; KC, MO 64134

Basic Needs Assistance (*food, diapers, hygiene*): Mon-Thurs 9:00am-3:30pm, closed 12-1pm for lunch.

### ► Community Christian Church

(2 miles) 816.561.6531 • 4601 Main St

Tues & Thurs 9:00 am – 12:00 pm

2nd and 3rd week of month, requires picture ID. Schedule appointment by phone or online. Closed when KCMO schools close.

### ► Harvesters Food Locator

Visit [www.harvesters.org/get-food-assistance](http://www.harvesters.org/get-food-assistance) to find a Harvesters agency partner in your area

### ► Jewish Family Services (2 miles)

913.327.8250 • 425 E 63rd St

Call: ask for the Navigator or leave a message with the answering service.

Email: [navigator@jfskc.org](mailto:navigator@jfskc.org)

(weekdays by appointment)

Food & toiletries

### ► Journey to New Life (3 miles)

816.960.4808 • 3120 Troost Ave

Tues & Thurs 9:30 am – 12:30 pm

Assistance with basic needs for reentry from incarceration

### ► Metropolitan Lutheran Ministry

(2.8 miles) 816.931.0027 • 3031 Holmes

Mon-Fri 8:30 am – 11:00 am

Food pantry & diapers

### ► Redemptorist Social Services Center

(2 miles) 816.931.9942

• 207 W Linwood Blvd

Mon-Thurs 10:00 am – 1:00 pm

Food pantry

### ► St. Paul's Episcopal Church

(1.4 miles) 816.931.2850 • 40th & Main

(south side of church), Wed 5:30 pm- 7:30 pm & 1st, 2nd, 4th & 5th Saturdays 9am-12pm

Food pantry & personal care items

### ► The Salvation Army (1.5 miles)

816.753.6040 • 500 W 39th St

Tues & Thurs 1:30 pm – 2:30 pm

Wed 10:00 am – 11:00 am

## EMPLOYMENT

### ► Bishop Sullivan Center (2.3 miles)

816.561.8515 • 3936 Troost Ave

Mon-Thurs 9:00 am – 4:30 pm

(call for appointment)

### ► Journey to New Life (3 miles)

816.960.4808 • 3120 Troost Ave

Reentry from incarceration, call for appt

### ► KC Public Library - Career Resources + Financial Literacy Specialist

Wed 9:30am-12pm at Plaza Branch

Or call 816.701.3663 for an appointment

### ► Second Chance Justice-Involved (2.4 miles)

816.231.0450 • 3100 Broadway, #302

(call for appointment)

### ► Women's Employment Network

(1.3 miles) 816.822.8083 • 4328 Madison

Mon-Fri 9am-4pm

Call for appointment or email from website

<https://kcwen.org/home>

## FREE MEALS

### ► One City Café (2 miles)

816.561.8515 • 3936 Troost Ave

Mon-Fri 12:00 pm – 1:00 pm Lunch

Mon-Fri 4:30 pm – 6:00 pm Dinner

### ► Redemptorist Social Services Center

(2 miles) 816.931.9942 • 207 W Linwood Blvd

Mon-Fri 10:00 am – 1:00 pm Lunch

### ► True Light Family Resource Center

(1 mile) 816.381.9310 • 712 E 31st St

Sat 8:00 am – 10:00 am Breakfast

### ► Washington Square Park (3.4 miles)

• 100 E Pershing Rd

Tues 6:30 pm – 8:00 pm

Dinner (provided by Kansas City Heroes)

## HEALTH & SUBSTANCE USE

### ► AccessKC (formerly KC Medicine

Cabinet) • 816.276.7517 Vouchers for prescriptions, dental, diabetic supplies, eye exams, eyeglasses, hearing aids, & medical equipment

### ► Charlie's House (3.7 miles)

816.591.1766 • 2425 Campbell

Mon-Fri 9:00am – 5:00pm

Free childproofing & home safety devices

### ► Chestnut Avenue Family Resource

Center (3.4 miles) 816.701.6534

• 3811 Chestnut Ave.

Assists residents living in the Oak Park Neighborhood with locating/applying for community-based resources

### ► Dismas House of Kansas City

816.542.0445 Mon-Thurs 8:30 am – 7:00 pm

Fri 8:30 am – 5pm, Sat 9am – 2pm

### ► Footprints INC (1.7 miles)

816.561.0567 • 4501 Troost Ave

Mon & Wed 6:00 pm – 7:00 pm

Tue & Thurs 9:30 am – 10:30 am

Recovery/outpatient therapy

### ► Heartland Center for Behavioral

Change 816.421.6670

Outpatient substance use treatment

### ► KC Care Health Center (2 miles)

816.753.5144 • 3515 Broadway

Mon & Tues 9:00 am – 6:00 pm

Wed-Fri 9:00 am – 4:45 pm

Free HIV, Hep C, Syphilis walk in testing.

More free testing available by appointment

### ► KC Indian Center (1.5 miles)

816.421.7608 • 600 W 39th St

Outpatient substance use treatment for Native Americans

(please call for an appointment)

### ► Reconciliation Services (3 miles)

816.931.4751 • 3101 Troost Ave.

Mon 9:30 am – 5:00 pm

Tues-Thurs 9:00 am – 5:00 pm

Fri 9:00 am – 4:00 pm

AccessKC, mental health services, therapy & case management

(call for appointment)

### ► Rediscover (2 miles)

816.966.0900 • 3728 Gillham Rd

Mon-Fri 8:00 am – 5:00 pm

### ► The Whole Person (1.5 miles)

816.561.0304 • 3710 Main St.

Mon-Fri 8:00 am – 5:00 pm

Wide range of services for people with disabilities

## ID & VITAL RECORDS

### ► Metropolitan Lutheran Ministry (3 miles)

816.931.0027 • 3031 Holmes

Mon-Fri (call for appointment)

Birth Certificates

### ► Reconciliation Services (3 miles)

816.931.4751 • 3101 Troost Ave.

Mon 10:00 am – 5:00 pm

Tues-Fri 9:00 am – 5:00 pm

(call for appointment)

## TRANSITIONAL & PERMANENT

### HOUSING

### ► Journey to New Life (3 miles)

(reentry from incarceration) 816.960.4808

• 3120 Troost Ave (call for appointment)

### ► Rose Brooks Center

816-861-6100 24/7 Hotline

Domestic violence shelter & services

### ► The LIGHT House Inc.

816.916.4434 • 400 West Meyer Boulevard

24/7 Hotline. Residential shelter for pregnant women

### ► Transitions for Life (1.5 miles)

816.410.9252 • 800 Westport Rd, Suite 1

Mon-Fri 9:00 am – 5:00 pm

Temporary housing for children and adults; ages 16 and up. Apply at [www.transitions4life.net](http://www.transitions4life.net)

### ► True Light Family Resource Center

(2.7 miles) 816.531.1300 • 717 E 31st St

Mon-Fri 8:30 am – 3:00 pm

Day shelter for women

## UTILITY & RENT ASSISTANCE

### ► Bishop Sullivan Center (2.3 miles)

816-561-8515 • 3936 Troost Ave

Mon-Thurs 9:00 am – 4:30 pm

Apply at [www.bishopsullivan.org](http://www.bishopsullivan.org)

### ► Catholic Charities Welcome Center

(4.8 miles) 816.221.4377

8001 Longview Road; KC, MO 64134

Client Hours: Mon-Thurs 9:00am-3:30pm, closed 12-1pm for lunch. Rent/utility assistance calls are taken on Mondays @ 8:30am. First come, first served.

### ► KC Indian Center (1.5 miles)

816.421.7608 • 600 W 39th St

Assistance for low-income Native Americans (please call for an appointment)

### ► Metropolitan Lutheran Ministry (2.8 miles)

816.931.0027 • 3031 Holmes

Mon-Fri (call for appointment)

Rent, utilities, & home repair assistance

### ► Reconciliation Services (3 miles)

816.931.4751 • 3101 Troost Ave.

Mon 10:00 am – 5:00 pm

Tues-Fri 9:00 am – 5:00 pm

Utility assistance (call for appointment)

### ► Redemptorist Social Services Center

(2 miles) 816.931.9942 • 207 W Linwood Blvd

Mon-Fri 8:00 am – 4:00 pm

Financial assistance-rent/mortgage & utilities (call for appointment)

## YOUTH

### ► Children's Center Hotline • 816.321.7060

### ► PRIDE Haven Youth Shelter (3 miles)

816.931.0602 • 3109 Campbell St

LGBTQIA; ages 18-24

### ► Street Outreach • 816.505.4901

ages 22 or under

### ► The LIGHT House Inc.

• 816.916.4434 24/7 Hotline

Various services