



Debunking Health Misinformation

Resources

[How to Evaluate Health Information on the Internet](#)

Developed by the National Institute of Health, this step by step guide will help you decide whether the health information you find on the internet or receive by email, text, or social media is likely to be reliable.

[Evaluating Health Information-Medline Plus](#)

This is a list of simple questions to ask when first evaluating health information

[Trust It or Trash It](#)

This is a tool to help you think critically about the quality of health information (including websites, handouts, booklets, etc.).

[Health Misinformation Checklist](#)

Use this checklist every time you come across health-related content you are not sure about

[Infodemiology](#)

Infodemiology is a public health discipline that is dedicated to improving health through the spread of information and detecting misinformation.

[John Hopkins Playbook for Addressing Health Information](#)

A hands-on approach to help recognize and respond to health-related rumors and misinformation

[Public Health Communications Collaborative: Misinformation](#)

The Public Health Communications Collaborative (PHCC) was formed in 2020 to coordinate and amplify public health messaging and increase confidence in guidance from public health agencies. This page provides a list of currently circulating misinformation.

[Confronting Health Misinformation](#)

A collection of resources from the U.S Department of Health and Human Services, including a PDF, a Q&A, and advice on what individuals can do to combat misinformation.

[Health Misinformation Resources](#)

Through the National Library of Medicine, this is a collection of resources that includes tutorials, presentations, and documents to help address health misinformation in your community.