



Smooth Sailing: Navigating Brain Health

Saturday, November 30

9-10:30am (English), 11am-12:30pm (Spanish)

North East Branch: 6000 Wilson Ave, Kansas City, MO 64123

RSVP / details: kclibrary.org | 816.701.3484

Sail away with Kelly G. Loeb, MSW, Community Engagement Coordinator at the KU Alzheimer's Disease Research Center. On this fantastic voyage, learn about programs and services the KU ADRC provides for people experiencing cognitive change and their families, as well as ways to boost brain health. Ports of call include information about Alzheimer's disease, other dementias and their diagnosis and treatment, clinical trials and research, caregiver support and more.

All aboard! Captain Kelly at the helm will keep you afloat on a vessel brimming with mainsails, life jackets and beautiful views of life's shining seas.



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This program is intended for individuals 18 years of age and older.

18+

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