

# General Health Resources

## General Health Information

### [Pubmed](#)

A free, full-text archive of peer-reviewed biomedical and life sciences journal literature at the US National Institutes of Health's National Library of Medicine

### [Medline Plus](#)

MedlinePlus is an online health information resource for patients, their families, and friends. It is a service of the National Library of Medicine (NLM), the world's largest medical library, which is part of the National Institutes of Health (NIH).

### [National Center for Complementary and Integrative Medicine \(NCCIH\)](#)

As part of the National Institutes of Health (NIH), NCCIH helps answer important scientific and public health questions about complementary health approaches. NCCIH works to determine what is promising, what helps and why, what doesn't work, and what is safe.

### [HIVInfo](#)

An online resource offering up-to-date HIV/AIDS information to the general consumer, people with HIV/AIDS, people recently diagnosed, and those who care for them.

### [MyHealthfinder](#)

A U.S. Department of Health and Human Services gateway site that provides links to reviewed resources on consumer health.

### [The Center for Disease Control](#)

Explore a plethora of health topics through the A-Z index tool developed by the CDC. This navigational tool helps you find and retrieve specific health information quickly.

### [Consumer Health Complete](#)

Discover thousands of evidence-based health reports on a variety of health topics. (Library card required)

## Identity Based Health

### [Medline Plus LGBTQIA+ Health](#)

LGBTQ+ individuals have special health needs and struggles. This page has information about health issues that are specific to the LGBTQ+ community.

### [EthnoMed](#)

We provide information about cultural beliefs, medical issues and other topics related to the health care of immigrants to the US, many of whom are refugees.

### [Center for Young Women's Health](#)

Provides teen girls and young women with carefully researched health information, health education programs, and conferences.

### [Girl's Health](#)

Provides girls with reliable, useful information on health and well-being. Covers hundreds of topics, from getting your period to stopping bullies, and from getting fit to preventing sexually transmitted infections.

### [Young Men's Health](#)

This resource provides carefully researched health information to teenage boys and young men.

### [Society for Women's Health Research](#)

The Society for Women's Health Research is dedicated to advancing and optimizing women's health by offering programs, educational materials, and policy research that directly affect women.

### [Office of Minority Health Resource Center](#)

The Office of Minority Health (OMH) at the U.S. Department of Health and Human Services (HHS) offers health resources and recent science related to the health of racial and ethnic minorities. Their mission is to improve the health of racial and ethnic minority populations through health policies and programs that will help eliminate health disparities.

### [Teen Health and Wellness](#)

This award-winning resource provides middle and high school students with up-to-date, nonjudgmental, self-help support. Articles are correlated to state, national and provincial standards. Topics covered include diseases, drugs, alcohol, nutrition, mental health, suicide, bullying, and LGBTQ+ information. It has recently been updated to meet the needs of today's teens and with new content on bullying, suicide, vaping, opioid abuse, gender identity, school safety, sexual harassment and more. (Library card required)

## Databases in Spanish

### [\*MedlinePlus Spanish\*](#)

The Spanish language port to MedlinePlus. MedlinePlus is an online health information resource for patients and their families and friends. It is a service of the National Library of Medicine (NLM), the world's largest medical library, which is part of the National Institutes of Health (NIH).

### [\*NIH Spanish Health Information Portal\*](#)

The Spanish language port to resources from the National Institutes of Health.