Before You Visit an Agency:

- Call the organization directly to confirm services and operating hours.
- Ask if you need any documentation to be eligible for their services.

WHERE TO TURN
Local Help & Resources Within 4 Miles
CLOTHING / FOOD / TOILETRIES
► Community Christian Church (3.4 miles) 816.561.6531 • 4601 Main St
Tuesday-Thurs 9:00 am – 12:00 pm
Last 2 weeks of month, requires picture ID. Schedule appointment by phone or online. Closed when KCMO schools close.
► Harvesters Food Locator
Visit www.harvesters.org/get-food-assistance to find a Harvesters agency partner in your area
► Metropolitan Lutheran Ministry (2.3 miles) 816.931.0027 • 3031 Holmes
Mon-Fri 8:30 am – 11:00 am
Food pantry & diapers
► Redemptorist Social Services Center (2 miles) 816.931.9942 • 207 W Linwood Blvd
Mon-Thurs 10:00 am – 1:00 pm Food pantry 2nd, 4th & 5th Wed 5:30 pm
Mobile food distribution
► Saint Paul's Episcopal Community Services (3 miles) 816.931.2850
• 40th & Main (south side of church)
Tues & Fri 10:00 am – 12:00 pm
Wed 5:30 pm – 7:30 pm
Food pantry & personal care items
3rd Sat. of the month 10:00 am – 12:00 pm
The Emergency Food Assistance Program (TEFAP)
► The Salvation Army (2.4 miles) 816.753.6040 • 500 W 39th St
Mon-Thurs 8:00 am – 4:00 pm (closed 12-1pm)
► True Light Family Resource Center (1.6 miles) 816.561.1700 • 712 E 31st St
Mon-Fri 10:00 am – 3:00 pm (closed 12-1pm)
Emergency food, diapers & toiletries

DOMESTIC VIOLENCE SERVICES
► Hope House 816.461.4673 24/7 Hotline
► Newhouse (domestic violence shelter) 816.861.6100 24/7 Hotline
► Rose Brooks Center 816.861.6100 24/7 Hotline
► Sheffield Place 816.483.9927 24/7 Hotline
► Synergy Services Domestic Violence Center 816.321.7050 24/7 Hotline
► Youth Street Outreach Services 816.505.4901 24/7 Hotline

Ages 22 or under

EMPLOYMENT
► Bishop Sullivan Center (3.5 miles) 816-561-8515 • 3936 Troost Ave
Mon-Thurs 9:00 am – 4:30 pm (call for appt)

► Determination, Incorporated (1.6 miles) 816.607.1873 • 1701 Troost Ave
"Be the Boss" is a virtual business support group for formerly incarcerated people. Visit www.UnlockESHIP.org and click "Join Our Community"
► Goodwill of Western Missouri & Eastern Kansas (1.3 miles) 816.842.7425, EXT 2
• 800 E 18th St
Tues & Thurs 9:00 am – 2:00 pm (walk-in hrs)
Employment assistance, computer training, career exploration, technology & manufacturing certifications
► Second Chance justice-involved (2.6 miles) 816.231.0450 • 3100 Broadway, #302
(call for appointment)
► Women's Employment Network (3 miles) 816.822.0803 • 4328 Madison Ave
Mon-Fri 9:00 am – 5:00 pm
Call for appointment or email from our website https://kwcn.org/home

FREE MEALS
► Hope Faith Homeless Assistance Campus (2.6 miles) 816.471.4673 • 705 Virginia Ave
Mon-Fri 8:30 am – 10:00 am Breakfast
11:00 am – 12:30 pm Lunch
(Thursday until 12:00 pm)
► NourishKC's KC Community Kitchen (3 miles) 816.561.8920 • 750 The Paseo
Mon-Fri 11:00 am – 2:00 pm
Includes weekday holidays and during inclement weather
► One City Café (3.5 miles) 816.561.8515 • 3936 Troost Ave
Mon-Fri 12:00 pm – 1:00 pm Lunch
Mon-Fri 4:30 pm – 6:00 pm Dinner
► Washington Square Park (1.2 miles) • 100 E Pershing Rd (provided by KC Heroes)
Tues 6:30 pm – 8:00 pm Dinner

HEALTH & SUBSTANCE USE
► Charlie’s House (3.7 miles) 816.591.1766 • 2425 Campbell
Childproofing & home safety devices at no cost. Visit charlieshouse.org to schedule a tour of our safety demonstration home.
► Dismas House of Kansas City 816.542.0445 Mon-Thurs 8:30am – 6:30pm
Recovery services (virtual services only)
► Heartland Center for Behavioral Change 816.421.6670
Outpatient substance use treatment services
► Footprints, INC (4 miles) 816.561.0667 • 4501 Troost Ave
Mon-Thurs 10:30 am – 6:00 pm Recovery/outpatient therapy
► KC CARE Health Center (2.6 miles) 816.753.5144 • 3515 Broadway
Mon & Tues 8:30 am – 8:00 pm
Wed-Fri 8:30 am – 5:00 pm
Sat 8:00 am – 12:00 pm
(by appointment only)
Mon-Fri 1:00 pm – 4:00 pm walk-in hours
► KC Indian Center (2.5 miles) 816.421.7608 • 600 W 39th St
Outpatient substance use treatment for Native Americans
► KC CARE Health Center (2.6 miles) 816.753.5144 • 3515 Broadway
Mon & Tues 8:30 am – 8:00 pm
Wed-Fri 8:30 am – 5:00 pm
Sat 8:00 am – 12:00 pm
(by appointment only)
Mon-Fri 1:00 pm – 4:00 pm walk-in hours

ID & VITAL DOCUMENTS
► Reconciliation Services (2.5 miles) 816.931.4751 • 1006 Linwood
Mon 10:00 am – 5:00 pm
Tues-Fri 9:00 am – 5:00 pm (call for appt)
► Reconciliation Services (2.5 miles) 816.931.4751 • 1006 Linwood
Mon 10:00 am – 5:00 pm
Tues-Fri 9:00 am – 5:00 pm (call for appt)

UTILITY & RENT ASSISTANCE
► Bishop Sullivan Center (3.5 miles) 816-561-8515 • 3936 Troost Ave
Mon-Thurs 9:00 am – 4:30 pm
Apply at www.bishopssullivan.org
► Kansas City Indian Center (2.5 miles) 816.421.7608 • 600 W 39th St
Assistance for low-income Native Americans
► Metropolitan Lutheran Ministry (2.3 miles) 816.931.0027 • 3031 Holmes
Mon-Fri (call for appt)
Rent, utilities, & home repair assistance
► Reconciliation Services (2.6 miles) 816.931.4751 • 1006 Linwood
Mon 10:00 am – 5:00 pm
Tues-Fri 9:00 am – 5:00 pm (call for appt)
► Reconciliation Services (2.5 miles) 816.708.4880 • 207 Linwood Blvd
Mon-Fri 8:00 am – 4:00 pm (call for appointment)
Financial assistance–rent/mortgage & utilities
► True Light Family Resource Center (1.6 miles) 816.561.1700 • 712 E 31st St
Mon, Wed & Fri. Water assistance (call for appointment)
► Visitation Parish - St. Vincent De Paul Society (4 miles) 816.753.9061 • 5141 Main St
Mon-Fri 8:00 am – 5:00 pm
Utility & rent assistance; serving 64110, 64111, 64112, & 64113 zip codes

YOUTH
► Children's Center Hotline 816.321.7060
► Lion House 913.302.8664 LGBTQ+ Only, Ages 18-24, with some availability for 16+
► PRIDE Haven Youth Shelter (2.7 miles) 816.931.0602 • 3109 Campbell St
LGBTQA; ages 18-24
► reStart Youth Emergency Shelter 816.309.9048 ages 12-17
► Street Outreach 816.505.4901
Ages 22 or under
► The LIGHT House Inc. 816.916.4434
24/7 Hotline (various services)