Before You Visit an Agency:

- Call the organization directly to confirm services and operating hours.
- Ask if you need any documentation to be eligible for their services.

General Resources: DIAL 211

WHERE TO TURN
Local Help & Resources Within 4 Miles

1. Bishop Sullivan Center
2. Redemptorist Social Service
3. Metropolitan Lutheran Ministries
4. True Light Family Resource Center
5. Journey to New Life, Inc.
6. Reconciliation Services

Community Resources
816.701.3767 • kclibrary.org/outreach
communityresources@kclibrary.org

Plaza Branch
816.701.3400 • 4801 Main St, KC, MO 64112

Updated Quarterly
Spring 2024
CLOTHING / FOOD / TOILETRIES
► Bishop Sullivan Center (2.3 miles) 816.561.8515 • 3936 Troost Ave
Mon-Thurs 9:00 am – 12:00 pm
► Catholic Charities Welcome Center (4.8 miles) 816.221.4377
4001 Dr. Martin Luther King, Blvd. #250
Mon-Thurs 1:00 pm – 3:30 pm
Hygiene items, diapers & food
► Community Christian Church (2 miles) 816.561.6531 • 4601 Main St
Tues & Thurs 9:00 am – 12:00 pm
2nd and 3rd week of month, requires picture ID. Schedule appointment by phone or online. Closed when KCMO schools close.
► Harvester’s Food Locator
Visit www.harvesters.org/get-food-assistance to find a Harvester’s agency partner in your area
► Jewish Family Services (2 miles) 913.325.8250 • 425 E 63rd St
Call: ask for the Navigator or leave a message with the answering service.
Email: navigator@jfskc.org
(weekdays by appointment)
Food & toiletries
► Journey to New Life (3 miles) 816.960.4808 • 3120 Troost Ave
Mon-Thurs 9:00 am – 12:00 pm
Assistance with basic needs for reentry from incarceration
► Metropolitan Lutheran Ministry (2.8 miles) 816.931.0027 • 3031 Holmes
Mon-Fri 8:30 am – 11:00 am
Food pantry & diapers
► Redemptorist Social Services Center (2 miles) 816.931.9942
207 W Linwood Blvd
Mon-Thurs 10:00 am – 1:00 pm
Food pantry
► St. Paul’s Episcopal Church (1.4 miles) 816.931.2850 • 40th & Main (south side of church)
Tues & Fri 10:00 am – 12:00 pm
Wed 5:30 pm – 7:30 pm
Food pantry & personal care items
3rd Sat. of the month 10:00 am – 12:00 pm
The Emergency Food Assistance Program (TEFAP)
► The Salvation Army (1.5 miles) 816.753.6040 • 500 W 39th St
Tues & Thurs 1:30 pm – 2:30 pm
Wed 10:00 am – 11:00 am

EMPLOYMENT
► Bishop Sullivan Center (2.3 miles) 816.561.8515 • 3936 Troost Ave
Mon-Thurs 9:00 am – 4:30 pm
(call for appointment)
► Journey to New Life (3 miles) 816.960.4808 • 3120 Troost Ave
Reentry from incarceration, call for appointment
► Second Chance – Justice-Involved (2.4 miles) 816.231.0450 • 3100 Broadway, #302
(call for appointment)
► Women’s Employment Network (1.3 miles) 816.822.8083 • 4328 Madison
Mon-Thurs 9:00 am – 4:00 pm
Fri 9:00 am – 12:00 pm
Call for appointment or email from website https://kcwen.org/home

FREE MEALS
► One City Café (2 miles) 816.561.8515 • 3936 Troost Ave
Mon-Fri 12:00 pm – 1:00 pm Lunch
Mon-Fri 4:30 pm – 6:00 pm Dinner
► Redemptorist Social Services Center (2 miles) 816.931.9942 • 207 W Linwood Blvd
Mon-Fri 10:00 am – 1:00 pm Lunch
► True Light Family Resource Center (1 mile) 816.381.9310 • 712 E 31st St
Sat 8:00 am – 10:00 am Breakfast
► Washington Square Park (3.4 miles) • 100 E Pershing Rd
Tues 6:30 pm – 8:00 pm
Dinner (provided by Kansas City Heroes)

HEALTH & SUBSTANCE USE
► AccessKC (formerly KC Medicine Cabinet) • 816.276.7517
Vouchers for prescriptions, dental, diabetic supplies, eye exams, eyeglasses, hearing aids, & medical equipment
► Charlie’s House (3.7 miles) 816.591.1766 • 2425 Campbell
Mon-Fri 8:30 am – 5:00 pm
Free childproofing & home safety devices
► Chestnut Avenue Family Resource Center (3.4 miles) 816.760.8534
3811 Chestnut Ave.
Assists residents living in the Oak Park Neighborhood with locating/applying for community-based resources
► Dismas House of Kansas City (2.8 miles) 816.542.0445
Mon-Thurs 8:30 am – 7:00 pm
Fri 8:30 am – 5:00 pm
Sat 9:00 am – 2:00 pm
Recovery services (virtual services only)
► Footprints INC (1.7 miles) 816.561.0567 • 4501 Troost Ave
Mon & Wed 6:00 pm – 7:00 pm
Tues & Thurs 9:30 am – 10:30 am
Recovery/outpatient therapy
► Heartland Center for Behavioral Change (3.4 miles) 816.421.6670
Outpatient substance use treatment
► KC Care Health Center (2 miles) 816.753.5144 • 3515 Broadway
Mon & Tues 9:00 am – 6:00 pm
Wed-Fri 9:00 am – 4:45 pm
Free HIV, Hep C, Syphilis walk in testing.
More free testing available by appointment
► KC Indian Center (1.5 miles) 816.421.7608 • 600 W 39th St
Outpatient substance use treatment for Native Americans
(please call for an appointment)
► Reconciliation Services (3 miles) 816.931.4751 • 1006 Linwood Blvd
Mon 9:30 am – 5:00 pm
Tues-Thurs 9:00 am – 5:00 pm
Fri 9:00 am – 4:00 pm
AccessKC, mental health services, therapy & case management
(call for appointment)
► Rediscover (2 miles) 816.966.0900 • 3728 Gillham Rd
Mon-Fri 8:00 am – 5:00 pm
► The Whole Person (1.5 miles) 816.561.0304 • 3710 Main St.
Mon-Fri 8:00 am – 5:00 pm
Wide range of services for people with disabilities

ID & VITAL RECORDS
► Metropolitan Lutheran Ministry (3 miles) 816.931.0027 • 3031 Holmes
Mon-Fri (call for appointment)
Rent, utilities, & home repair assistance
► Reconciliation Services (3 miles) 816.931.4751 • 1006 Linwood
Mon 10:00 am – 5:00 pm
Tues-Fri 9:00 am – 5:00 pm
Utility assistance (call for appointment)
► Redemptorist Social Services Center (2 miles) 816.931.9942 • 207 W Linwood Blvd
Mon-Fri 8:00 am – 4:00 pm
Financial assistance-rent/mortgage & utilities (call for appointment)

TRANSITIONAL & PERMANENT HOUSING
► Journey to New Life (3 miles) (reentry from incarceration) 816.960.4808
3120 Troost Ave (call for appointment)
► Rose Brooks Center 816.861-6100 24/7 Hotline
Domestic violence shelter & services

THE LIGHT House Inc. 816.916.4434 • 400 West Meyer Boulevard
24/7 Hotline. Residential shelter for pregnant women
► Transitions for Life (1.5 miles) 816.410.9252 • 800 Westport Rd, Suite 1
Mon-Fri 9:00 am – 5:00 pm
Temporary housing for children and adults, ages 16 and up. Apply at www.transitions4life.net
► True Light Family Resource Center (2.7 miles) 816.531.1300 • 717 E 31st St
Mon-Fri 8:30 am – 3:00 pm
Day shelter for women

UTILITY & RENT ASSISTANCE
► Bishop Sullivan Center (2.3 miles) 816.561-8515 • 3936 Troost Ave
Mon-Thurs 9:00 am – 4:30 pm
Apply at www.bishopssullivan.org
► Catholic Charities Welcome Center (4.8 miles) 816.221.4377
4001 Dr. Martin Luther King, Blvd. #250
Rent & utility assistance request calls are taken on Mondays @ 8:30 am
First come, first served
► KC Indian Center (1.5 miles) 816.421.7608 • 600 W 39th St
Assistance for low-income Native Americans
(please call for an appointment)
► Metropolitan Lutheran Ministry (2.8 miles) 816.931.0027 • 3031 Holmes
Mon-Fri (call for appointment)
Rent, utilities, & home repair assistance

YOUTH
► Children’s Center Hotline • 816.321.7060
► PRIDE Haven Youth Shelter (3 miles) 816.931.0602 • 3109 Campbell St
LGBTQIA+ ages 18-24
► Street Outreach • 816.505.4901
ages 22 or under
► The LIGHT House Inc. 816.916.4434 • 24/7 Hotline
Various services