Before You Visit an Agency:
- Call the organization directly to confirm services and operating hours.
- Ask if you need any documentation to be eligible for their services.
CLOTHING / FOOD / TOILETRIES

► Bishop Sullivan Center (2.3 miles) 816.561.8515 ● 3936 Troost Ave
Mon-Thurs 9:00 am – 12:00 pm

► Catholic Charities Welcome Center (4.8 miles) 816.221.4377

● 4001 Dr. Martin Luther King, Blvd. #250
Mon-Thurs 1:00 pm – 3:30 pm
Hygiene items, diapers & food

► Community Christian Church (2 miles) 816.561.6531 ● 4601 Main St
Tue & Thurs 9:00 am – 12:00 pm

2nd and 3rd week of month, requires picture ID. Schedule appointment by phone or online. Closed when KCPL schools close.

► Harvesters Food Locator
Visit www.harvesters.org/get-food-assistance to find a Harvesters agency partner in your area

► Jewish Family Services (2 miles) 913.327.8250 ● 425 E 63rd St
Call: ask for the Navigator or leave a message with the answering service. Email: navigator@fskc.org
(weekdays by appointment)
Food & toiletries

► Journey to New Life (3 miles) 816.960.4808 ● 3120 Troost Ave
Tues & Thurs 9:30 am – 12:30 pm
Assistance with basic needs for reentry from incarceration

► Metropolitan Lutheran Ministry (2.8 miles) 816.931.0027 ● 3031 Holmes Mon-Fri 8:30 am – 11:00 am
Food pantry & diapers

► Redemptorist Social Services Center (2 miles) 816.931.9942 ● 207 W Linwood Blvd
Mon-Thurs 10:00 am – 1:00 pm
Food pantry

► St. Paul's Episcopal Church (1.4 miles) 816.931.2850 ● 40th & Main (south side of church)
Tues & Fri 10:00 am – 12:00 pm
Wed 5:30 pm – 7:30 pm
Food pantry & personal care items
3rd Sat. of the month 10:00 am – 12:00 pm
The Emergency Food Assistance Program (TEFAP)

► The Salvation Army (1.5 miles) 816.753.6040 ● 500 W 39th St
Tues & Thurs 1:30 pm – 2:30 pm
Wed 10:00 am – 11:00 am

EMPLOYMENT

► Bishop Sullivan Center (2.3 miles) 816.561.8515 ● 3936 Troost Ave
Mon-Thurs 9:00 am – 4:30 pm
(call for appointment)

► Journey to New Life (3 miles) 816.960.4808 ● 3120 Troost Ave
Reentry from incarceration, call for appt

► Second Chance Justice-Involved (2.4 miles) 816.231.0450 ● 3100 Broadway, #302
(call for appointment)

► Women’s Employment Network (1.3 miles) 816.822.8083 ● 4328 Madison Mon-Thurs 9:00 am – 4:00 pm
Fri 9:00 am – 12:00 pm
Call for appointment or email from website https://kcwomen.org/home

FREE MEALS

► One City Café (2 miles) 816.561.8515 ● 3936 Troost Ave
Mon-Fri 12:00 pm – 1:00 pm Lunch
Mon-Fri 4:30 pm – 6:00 pm Dinner

► Redemptorist Social Services Center (2 miles) 816.931.9942 ● 207 W Linwood Blvd
Mon-Fri 10:00 am – 1:00 pm Lunch

► True Light Family Resource Center (1 mile) 816.381.9310 ● 712 E 31st St
Sat 8:00 am – 10:00 am Breakfast

► Washington Square Park (3.4 miles) ● 100 E Pershing Rd
Tues 6:30 pm – 8:00 pm
Dinner (provided by Kansas City Heroes)

HEALTH & SUBSTANCE USE

► AccessKC (formerly KC Medicine Cabinet) ● 816.276.7517 Vouchers for prescriptions, dental, diabetic supplies, eye exams, eyeglasses, hearing aids, & medical equipment

► Charlie’s House (3.7 miles) 816.591.1766 ● 2425 Campbell Mon-Fri 9:00 am – 5:00 pm
Free childproofing & home safety devices

► Chestnut Avenue Family Resource Center (3.4 miles) 816.701.6534 ● 3811 Chestnut Ave.
Assists residents living in the Oak Park Neighborhood with locating/applying for community-based resources

► Dismas House of Kansas City 816.542.0445 Mon-Thurs 8:30 am – 7:00 pm
Fri 8:30 am – 5:00 pm
Sat 9:00 am – 2:00 pm
Recovery services (virtual services only)

► Footprints INC (1.7 miles) 816.561.0567 ● 4501 Troost Ave
Mon & Wed 6:00 pm – 7:00 pm
Tue & Thurs 9:30 am – 10:30 am
Recovery/outpatient therapy

► Heartland Center for Behavioral Change 816.421.6670
Outpatient substance use treatment

► KC Care Health Center (2 miles) 816.753.5144 ● 3515 Broadway
Mon & Tues 9:00 am – 6:00 pm
Wed-Fri 9:00 am – 4:45 pm
Free HIV, Hep C, Syphilis walk in testing.

► KC Indian Center (1.5 miles) 816.421.7608 ● 600 W 39th St
Outpatient substance use treatment for Native Americans
(please call for an appointment)

► Reconciliation Services (3 miles) 816.931.4751 ● 1006 Linwood Blvd
Mon 9:30 am – 5:00 pm
Tues-Thurs 9:00 am – 5:00 pm
Fri 9:00 am – 4:00 pm
AccessKC, mental health services, therapy & case management
(call for appointment)

► Rediscover (2 miles) 816.966.0900 ● 3728 Gillham Rd
Mon-Fri 8:00 am – 5:00 pm

► The Whole Person (1.5 miles) 816.561.0304 ● 3710 Main St.
Mon-Fri 8:00 am – 5:00 pm
Wide range of services for people with disabilities

ID & VITAL RECORDS

► Metropolitan Lutheran Ministry (3 miles) 816.931.0027 ● 3031 Holmes
Mon-Fri (call for appointment)

► Reconciliation Services (3 miles) 816.931.4751 ● 1006 Linwood Blvd
Birth Certificates

► Redemptorist Social Services Center (2 miles) 816.931.9942 ● 207 W Linwood Blvd
Mon-Fri 8:00 am – 4:00 pm
Financial assistance-rent/mortgage & utilities
(call for appointment)

UTILITY & RENT ASSISTANCE

► Bishop Sullivan Center (2.3 miles) 816.561-8515 ● 3936 Troost Ave
Mon-Thurs 9:00 am – 4:30 pm
Apply at www.bishopsullivan.org

► Catholic Charities Welcome Center (4.8 miles) 816.221.4377

● 4001 Dr. Martin Luther King, Blvd. #250
Rent & utility assistance request calls are taken on Mondays @ 8:30 am
First come, first served

► KC Indian Center (1.5 miles) 816.421.7608 ● 600 W 39th St
Assistance for low-income Native Americans
(please call for an appointment)

► Metropolitan Lutheran Ministry (2.8 miles) 816.931.0027 ● 3031 Holmes
Mon-Fri (call for appointment)
Rent, utilities, & home repair assistance

► Reconciliation Services (3 miles) 816.931.4751 ● 1006 Linwood
Mon 10:00 am – 5:00 pm
Tues-Fri 9:00 am – 5:00 pm
Utility assistance (call for appointment)

YOUTH

► Children’s Center Hotline ● 816.321.7060

► PRIDE Haven Youth Shelter (3 miles) 816.931.0602 ● 3109 Campbell St
LGBTQIA; ages 18-24

► Street Outreach ● 816.505.4901
ages 22 or under

► The LIGHT House Inc. ● 816.916.4434
247 Hotline
Various services