The Street Sheet is always available online, scan this QR code:

![QR code](image-url)

* A variety of other local resources can be found at: [liftupkc.org](http://liftupkc.org)
FOOD/MEALS

- Bishop Sullivan/One City Cafe 3936 Troost Ave
  Lunch Mon-Fri 12:00pm-1:00pm
  Dinner Mon-Fri 4:30pm-6:00pm
- Family Promise of the Northland 10th & Baltimore
  Lunch Tues-Thurs 11:00am-1:00pm
- Independence Boulevard Christian Church (provided by Micah Ministries)
  606 Gladstone Ave.
  Dinner/toiletries/clothes Mon 5:30pm-7:00pm
- NourishKC’s KC Community Kitchen 750 The Paseo Blvd
  Lunch Mon-Fri, 11:00am-2:00pm
- Metropolitan Lutheran Ministry 3031 Holmes
  Food pantry & sack lunches Mon-Fri 8:30am-11:00am
- Morning Glory Ministries 20 W 9th St.
  Breakfast Mon-Fri 7:00am-8:00am
- Neighbor2Neighbor 2910 Victor St.
  Breakfast Mon-Fri 9:00am-12:00pm
- Redemptorist Center 207 Linwood Blvd
  Food pantry Mon-Thurs 10:00am-1:00pm
- Lunch Mon-Fri 10:00am-1:00pm
- Salvation Army 3013 E. 9th St.
  Lunch Mon-Thurs 11:30am-12:30pm
- Trinity United Methodist Church 620 E. Armour Blvd
  Luncheon with food pantry, toiletry & laundry voucher pantry
  Mon 12:00pm-1:00pm
  Lunch only Sat 11:30am-12:30pm
- True Light Family Resource Center 712 E 31st St.
  Breakfast sack meals Sat 8:00am-10:00am
- Washington Square Park (provided by Kansas City Heroes)
  Dinner Tues 6:30pm-8:00pm
- Westport Presbyterian Church 201 Westport Rd
  Breakfast items Sun 8:00am-9:30am
- Lunch bags Mon-Fri 11:00am-12:00pm

HEALTH

- Care Beyond the Boulevard @ Independence Boulevard Christian Church 606 Gladstone Blvd.
  Mon 5:30pm-7:00pm (plus hot food, clothing, hygiene services) and Sat 9:30am-1:00pm
  2nd Sat 9:00am-12:30pm Veterinarian services and 10:00am-12:00pm Mobile food pantry
- Cherith Brook Catholic Worker 3308 E. 12th St.
  Every 2nd & 4th Tues 8:00am-10:00am and Thurs 5:00pm-6:30pm (plus Medicaid enrollment & birth certificate assistance)
- Relentless Pursuit Outreach and Recovery Drop-In Center 5108 Independence Ave.
  Wed 1:00pm-3:00pm (women only)
- Heartland Center for Behavioral Change 816.421.6670
- KC CARE Health Center 816.753.5144
  Confidential, sex positive, judgement-free clinic of Free HIV, Hep C, Syphilis testing. Walk-In Testing:
  Mon & Tues 9:00am-6:00pm and Wed-Fri 9:00am-4:30pm
- KC Health Department 816.513.6008
  2400 Troost Ave
- AccessKC (formerly KC Medicine Cabinet) 816.276.7517
  Vouchers for prescriptions, dental, diabetic supplies, eye exams, eyeglasses, hearing aids, & medical equipment
- ReDiscover 816.966.0900
  In-person or telehealth
- Research Psychiatric Center 816.444.8161
  2323 E 63rd St.
- Samuel U. Rogers Health Center 816.474.4920
  825 Euclid Ave
  Medical, dental, & behavioral health
- Swope Health Services 816.599.5480
  3801 Dr. Martin Luther King, Jr. Blvd.
  Free medical, dental, behavioral health, optometry, pediatrics, OB/GYN services, medication assistance, Medicaid applications, Covid & STI testing
  Mon-Fri 8:30am-12:00pm & 1:00pm-4:00pm
- University Health/Behavioral Services 816.404.5700
  300 W 19th Terrace
  Mon-Fri 8:00am-2:00pm
- Vivent Health 816.561.8784
  4309 E 50th Terr., Ste 200
  HIV & AIDS services; free HIV/STI testing

GENERAL HELP

- Catholic Charities Welcome Center 816.221.4377
  4001 Dr. Martin Luther King, Jr. Blvd., Ste. 250
  Mon-Thurs 8:00am-3:30pm
  Rent/utility assistance calls are taken on Mondays @ 8:30am
  First come, first served
  1:00pm-3:30pm Basic needs assistance
  (food, diapers, hygiene, community resources)
- Central Presbyterian Church 816.474.6750
  3501 Campbell St.
  Clothing, food pantry, toiletries
  Wed 9:00 am –11:00 pm
- Journey to New Life (reentry from incarceration)
  816.960.4808
  3120 Troost Ave.
  Tues., Wed., & Thurs.
  9:30am-12:30pm
  Assistance with basic needs, employment & case management
- Legal Aid of Western Missouri 816.474.6750
  4001 Dr. Martin Luther King, Jr. Blvd., Ste. 300
  Call or schedule an appointment online at lawmo.org
- Metropolitan Lutheran Ministry 816.931.0027
  3031 Holmes (call for appointment)
  Rent, utilities, birth certificates, food & diapers
- Morning Glory Ministries 816.842.0416
  416 W. 12th St., Tues-Fri 9am-11am IDs/Records (with a homeless/shelter letter)
  Clothing & toiletries (every 2 wks.)
- Reconciliation Services 816.931.4751
  1006 Linwood Blvd. (call for appointment)
  Mon-10:00am-5:00pm & Tues-Fri 9:00am-5:00pm
  Health/medication, utilities, ID/birth certificates, mental health services, therapy & case management
- Redemptorist Social Services 816.931.9942
  207 Linwood Blvd
  Mon-Thurs 8:00am-4:00pm (office hours)
  Mon-Thurs 10:00am-1:00pm (walk-in clients)
  Food, toiletries & financial assistance
- SAVE, Inc. 816.531.8340
  Ext. 200
  Emergency assistance (rent/deposit/utilities)
- Second Chance 816.231.0450
  3100 Broadway, Suite 302
  (justice-involved, call for appointment)
- St. Paul’s Episcopal Church 816.931.2850
  40th & Main (south side of church)
  Tues & Fri 10:00am-12:00pm & Wed 5:30pm-7:30pm
  Food pantry & personal care items
- Salvation Army 816.483.8484
  3013 E. 9th St.
  Mon, Wed & Fri 9:00am-12:00pm & 1:00pm-2:30pm
  Rent, utilities assistance & food pantry
- True Light Family Resource Center 816.561.1700
  712 E 31st St
  Mon-Fri 10:00am-3:00pm (closed from 12:00pm-1:00pm)
  Emergency food, diapers & toiletries
- Mon, Wed, & Fri (by appointment for water assistance)

SHELTER

- City Union Mission Family Center 816.474.4599
  1310 Wabash Ave (call for availability)
- City Union Mission Men’s Shelter 816.474.4599
  1108 E. 10th St (call for availability)
- Community LINC 816.531.3727
  4012 Troost Ave.
  Street homeless outreach, housing outreach navigators
- Hope House (domestic violence) 816.461.4673
- Newhouse (domestic violence) 816.471.5800
- ReStart, Inc 816.472.5664
  918 E. 9th St. (call for appointment)
- Relentless Pursuit Outreach and Recovery
  Drop-In Center 816.301.5571
  24/7 Hotline 5108 Independence Ave.
  Tues, Wed, Fri & Sat, 11:00am-4:00pm
  Anti-human trafficking (women only)
- Rose Brooks Center (domestic violence) 816.861.6100
- Shelter KC 816.421.7643
  1520 Cherry St.
  Intake 9:00am-3:00pm daily; check in 3:30pm-5:00pm
  Men's shelter & recovery center, 4:30pm "Taste & See"
- Shelter KC Women’s Center 816.348.3287
  Residential recovery for single homeless women
- Synergy Services (Domestic Violence Center) 816.321.7050
- The Salvation Army Adult Rehabilitation Center (ARC) 816.421.5434
  1351 E. 10th St. (call for intake)
- True Light Family Resource Center 816.531.1300
  717 E. 31st St.
  M-F 8:30am-3:00pm (day shelter for women)
- Veronica’s Voice 913.214.1401
  Residential program for women experiencing CSE. Apply at: https://www.veronicasvoice.org/mkc

www.kcpreservation.org