

## Highlighted Resources

1. Bishop Sullivan Center
2. Redemptorist Social Service
3. Metropolitan Lutheran Ministries
4. True Light Family Resource Center
5. Journey to New Life, Inc.
6. Reconciliation Services



**GENERAL RESOURCES: DIAL 211**

## KANSAS CITY PUBLIC LIBRARY

### Community Resources

816.701.3767 • [kclibrary.org/outreach](http://kclibrary.org/outreach)  
[communityresources@kclibrary.org](mailto:communityresources@kclibrary.org)

# WHERE TO TURN

Local Help & Resources Within 4 Miles



## Plaza Branch

816.701.3400 • 4801 Main St, KC, MO 64112

### Before You Visit an Agency:

- Call the organization directly to confirm services and operating hours.
- Ask if you need any documentation to be eligible for their services.

Updated Quarterly  
Fall 2023

## CLOTHING / FOOD / TOILETRIES

► **Bishop Sullivan Center** (2.3 miles)  
816.561.8515 • 3936 Troost Ave  
Mon-Thurs 9:00 am – 12:00 pm  
► **Catholic Charities Welcome Center**  
(4.8 miles) 816.221.4377  
• 4001 Dr. Martin Luther King, Blvd. #250  
Mon-Thurs 1:00 pm – 3:30 pm  
*Hygiene items, diapers & food*  
► **Community Christian Church**  
(2 miles) 816.561.6531 • 4601 Main St  
Tues & Thurs 9:00 am – 12:00 pm  
*2nd and 3rd week of month, requires picture ID. Schedule appointment by phone or online. Closed when KCMO schools close.*  
► **Harvesters Food Locator**  
*Visit [www.harvesters.org/get-food-assistance](http://www.harvesters.org/get-food-assistance) to find a Harvesters agency partner in your area*  
► **Jewish Family Services** (2 miles)  
913.327.8250 • 425 E 63rd St  
*Call: ask for the Navigator or leave a message with the answering service.*  
*Email: [navigator@jfskc.org](mailto:navigator@jfskc.org) (weekdays by appointment)*  
*Food & toiletries*  
► **Journey to New Life** (3 miles)  
816.960.4808 • 3120 Troost Ave  
Tues & Thurs 9:30 am – 12:30 pm  
*Assistance with basic needs for reentry from incarceration*  
► **Metropolitan Lutheran Ministry**  
(2.8 miles) 816.931.0027 • 3031 Holmes  
Mon-Fri 8:30 am – 11:00 am  
*Food pantry & diapers*  
► **Redemptorist Social Services Center**  
(2 miles) 816.931.9942  
• 207 W Linwood Blvd  
Mon-Thurs 10:00 am – 1:00 pm  
*Food pantry*  
► **St. Paul's Episcopal Church**  
(1.4 miles) 816.931.2850 • 40th & Main  
(south side of church)  
Tues & Fri 10:00 am – 12:00 pm  
Wed 5:30 pm – 7:30 pm  
*Food pantry & personal care items*  
3rd Sat. of the month 10:00 am – 12:00 pm  
*The Emergency Food Assistance Program (TEFAP)*  
► **The Salvation Army** (1.5 miles)  
816.753.6040 • 500 W 39th St  
Tues & Thurs 1:30 pm – 2:30 pm  
Wed 10:00 am – 11:00 am

## EMPLOYMENT

► **Bishop Sullivan Center** (2.3 miles)  
816.561.8515 • 3936 Troost Ave  
Mon-Thurs 9:00 am – 4:30 pm  
*(call for appointment)*  
► **Journey to New Life** (3 miles)  
816.960.4808 • 3120 Troost Ave  
*Reentry from incarceration, call for appt*  
► **Second Chance Justice-Involved** (2.4 miles)  
816.231.0450 • 3100 Broadway, #302  
*(call for appointment)*  
► **Women's Employment Network**  
(1.3 miles) 816.822.8083 • 4328 Madison  
Mon-Thurs 9:00 am – 4:00 pm  
Fri 9:00 am – 12:00 pm  
*Call for appointment or email from website <https://kcwen.org/home>*

## FREE MEALS

► **One City Café** (2 miles)  
816.561.8515 • 3936 Troost Ave  
Mon-Fri 12:00 pm – 1:00 pm *Lunch*  
Mon-Fri 4:30 pm – 6:00 pm *Dinner*  
► **Redemptorist Social Services Center**  
(2 miles) 816.931.9942 • 207 W Linwood Blvd  
Mon-Fri 10:00 am – 1:00 pm *Lunch*  
► **True Light Family Resource Center**  
(1 mile) 816.381.9310 • 712 E 31st St  
Sat 8:00 am – 10:00 am *Breakfast*  
► **Washington Square Park** (3.4 miles)  
• 100 E Pershing Rd  
Tues 6:30 pm – 8:00 pm  
*Dinner (provided by Kansas City Heroes)*

## HEALTH & SUBSTANCE USE

► **AccessKC (formerly KC Medicine Cabinet)** • 816.276.7517 *Vouchers for prescriptions, dental, diabetic supplies, eye exams, eyeglasses, hearing aids, & medical equipment*  
► **Charlie's House** (3.7 miles)  
816.591.1766 • 2425 Campbell  
Mon-Fri 9:00am – 5:00pm  
*Free childproofing & home safety devices*  
► **Chestnut Avenue Family Resource Center** (3.4 miles) 816.701.6534  
• 3811 Chestnut Ave.  
*Assists residents living in the Oak Park Neighborhood with locating/applying for community-based resources*  
► **Dismas House of Kansas City**  
816.542.0445 Mon-Thurs 8:30 am – 7:00 pm  
Fri 8:30 am – 5:00 pm  
Sat 9:00 am – 2:00 pm  
*Recovery services (virtual services only)*

## ► EMPLOYMENT INC (1.7 miles)

816.561.0567 • 4501 Troost Ave  
Mon & Wed 6:00 pm – 7:00 pm  
Tue & Thurs 9:30 am – 10:30 am  
*Recovery/outpatient therapy*  
► **Heartland Center for Behavioral Change** 816.421.6670  
*Outpatient substance use treatment*  
► **KC Care Health Center** (2 miles)  
816.753.5144 • 3515 Broadway  
Mon & Tues 9:00 am – 6:00 pm  
Wed-Fri 9:00 am – 4:45 pm  
*Free HIV, Hep C, Syphilis walk in testing. More free testing available by appointment*  
► **KC Indian Center** (1.5 miles)  
816.421.7608 • 600 W 39th St  
*Outpatient substance use treatment for Native Americans (please call for an appointment)*  
► **Reconciliation Services** (3 miles)  
816.931.4751 • 1006 Linwood Blvd  
Mon 9:30 am – 5:00 pm  
Tues-Thurs 9:00 am – 5:00 pm  
Fri 9:00 am – 4:00 pm  
*AccessKC, mental health services, therapy & case management (call for appointment)*  
► **Rediscover** (2 miles)  
816.966.0900 • 3728 Gillham Rd  
Mon-Fri 8:00 am – 5:00 pm  
► **The Whole Person** (1.5 miles)  
816.561.0304 • 3710 Main St.  
Mon-Fri 8:00 am – 5:00 pm  
*Wide range of services for people with disabilities*

## ID & VITAL RECORDS

► **Metropolitan Lutheran Ministry** (3 miles)  
816.931.0027 • 3031 Holmes  
Mon-Fri *(call for appointment)*  
*Birth Certificates*  
► **Reconciliation Services** (3 miles)  
816.931.4751 • 1006 Linwood  
Mon 10:00 am – 5:00 pm  
Tues-Fri 9:00 am – 5:00 pm  
*(call for appointment)*

## TRANSITIONAL & PERMANENT HOUSING

► **Journey to New Life** (3 miles)  
*(reentry from incarceration)* 816.960.4808  
• 3120 Troost Ave  
*(call for appointment)*  
► **Rose Brooks Center**  
816-861-6100 24/7 Hotline  
*Domestic violence shelter & services*

## ► THE LIGHT House Inc.

816.916.4434 • 400 West Meyer Boulevard  
*24/7 Hotline. Residential shelter for pregnant women*  
► **Transitions for Life** (1.5 miles)  
816.410.9252 • 800 Westport Rd, Suite 1  
Mon-Fri 9:00 am – 5:00 pm  
*Temporary housing for children and adults; ages 16 and up. Apply at [www.transitions4life.net](http://www.transitions4life.net)*  
► **True Light Family Resource Center**  
(2.7 miles) 816.531.1300 • 717 E 31st St  
Mon-Fri 8:30 am – 3:00 pm  
*Day shelter for women*

## UTILITY & RENT ASSISTANCE

► **Bishop Sullivan Center** (2.3 miles)  
816-561-8515 • 3936 Troost Ave  
Mon-Thurs 9:00 am – 4:30 pm  
*Apply at [www.bishopsullivan.org](http://www.bishopsullivan.org)*  
► **Catholic Charities Welcome Center**  
(4.8 miles) 816.221.4377  
• 4001 Dr. Martin Luther King, Blvd, #250  
*Rent & utility assistance request calls are taken on Mondays @ 8:30 am*  
*First come, first served*  
► **KC Indian Center** (1.5 miles)  
816.421.7608 • 600 W 39th St  
*Assistance for low-income Native Americans (please call for an appointment)*  
► **Metropolitan Lutheran Ministry** (2.8 miles)  
816.931.0027 • 3031 Holmes  
Mon-Fri *(call for appointment)*  
*Rent, utilities, & home repair assistance*  
► **Reconciliation Services** (3 miles)  
816.931.4751 • 1006 Linwood  
Mon 10:00 am – 5:00 pm  
Tues-Fri 9:00 am – 5:00 pm  
*Utility assistance (call for appointment)*  
► **Redemptorist Social Services Center**  
(2 miles) 816.931.9942 • 207 W Linwood Blvd  
Mon-Fri 8:00 am – 4:00 pm  
*Financial assistance-rent/mortgage & utilities (call for appointment)*

## YOUTH

► **Children's Center Hotline** • 816.321.7060  
► **PRIDE Haven Youth Shelter** (3 miles)  
816.931.0602 • 3109 Campbell St  
*LGBTQIA; ages 18-24*  
► **Street Outreach** • 816.505.4901  
*ages 22 or under*  
► **The LIGHT House Inc.**  
• 816.916.4434 24/7 Hotline  
*Various services*